Calendar of Events

admin@americanbalintsociety.org

March 28, 2024

Consultation Group for Credentialed Leaders - Frank Dornfest, Facilitator
08:00 PM - 09:00 PM EST
This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Frank Dornfest as the facilitator and meets the fourth Thursday of odd months. Exception: November the fourth Thursday falls on Thanksgiving, so the meeting will take place on the third Thursday. Participation counts towards Maintenance of Credentialing.

April 8, 2024

Council Meeting
02:00 PM - 03:00 PM EST

April 15, 2024

Intensives Committee Meeting
02:00 PM - 03:00 PM EST
Eran Metzger,
coordinatorofintensives@americanbalintsociety.org
This committee meets on the third Monday of each month.

April 17, 2024 - April 20, 2024

Spokane Balint Leadership Training Intensive
Complete Schedule Available on the Event Page

The four-day Intensive course is designed to teach Balint group leadership technique primarily through experiential groups, supplemented by topic-focused small discussion groups and faculty panel discussions. Attendees will have ample time to present cases, practice leading a Balint group, and engage informally with other participants.

The Spokane Leadership Intensive course is appropriate for clinicians new to the Balint Group method as well as experienced Balint Group leaders. The course is well-suited to those who are currently leading, expect to lead in the future, or are seeking a better understanding of Balint groups. The curriculum is appropriate for physicians (primary care, psychiatry, other specialists), psychologists, social workers, other mental health care providers, veterinarians, and pastoral care providers.

Course Details
The conference will be held at the Ruby River Hotel where hometown hospitality and peaceful river views greet every guest. Located on the Spokane River with easy access to the Centennial Trail and Riverfront Park, perfect for a leisurely walk or bike ride.

April 18, 2024

Scholarly Activity Committee Meeting
10:30 AM - 11:30 AM EST
Vidush Athyal,
vpathyal@gmail.com
This committee meets the 3rd Thursday of each month from 7:30 - 8:30 am Pacific time.

April 19, 2024

Communications & Marketing Committee
01:00 PM - 02:00 PM EST
This committee meets on the third Friday of even months at 1pm Eastern/10am Pacific.

April 22, 2024

Consultation Group for Credentialed Leaders with Paul Scott
02:00 PM - 03:00 PM EST
Paul Scott,
paul.cp1@gmail.com
This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Paul Scott as the facilitator. It generally meets the 4th Monday of even months. Attendance qualifies as a Maintenance of Credentialing activity.

April 22, 2024

Events Committee
11:00 AM - 12:00 PM EST
This committee meets monthly on the fourth Monday at 11am EST/8am PST.

April 24, 2024

MetaSupervision Group Consultation
03:00 PM - 04:00 PM EST
This consultation for supervisors is provided by the CCC and meets on the fourth Wednesday of even months at 3pm ET.

April 26, 2024

Diversity Committee
12:00 PM - 01:00 PM EST
This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.

May 10, 2024 - May 12, 2024

Healing, Mindfulness & Compassion Retreat
Ratna Ling
35755 Hauser Bridge Rd
Cazadero, CA 95421
see daily schedule
Ritch Addison,
raddison@sonic.net
Health care professionals are invited to attend the Healing, Mindfulness and Compassion Retreat at the beautiful and tranquil Ratna Ling Conference Center in the Redwoods of Sonoma County, California. The weekend conference combines Eastern and Western approaches to healing: Tibetan Yoga and Meditation as well as Balint sessions that address the complex emotional landscape of the clinician-patient relationship. The Balint group format is an empathy-enhancing practice to strengthen treatment alliances, improve care delivery, increase practitioner resilience and decrease professional isolation. Further context on the neuroscience of compassion and its importance in the provision of effective service will increase understanding of the connection between practitioners' self-care and the care they are able to offer others. The accommodations and architecture are exquisite and the weekend is educational, restful, and rejuvenating.

May 13, 2024

Council Meeting
02:00 PM - 03:00 PM EST

May 16, 2024

Scholarly Activity Committee Meeting
10:30 AM - 11:30 AM EST
Vidush Athyal,
vpathyal@gmail.com
This committee meets the 3rd Thursday of each month from 7:30 - 8:30 am Pacific time.

May 20, 2024

Intensives Committee Meeting
02:00 PM - 03:00 PM EST
Eran Metzger,
coordinatorofintensives@americanbalintsociety.org
This committee meets on the third Monday of each month.

May 23, 2024

Consultation Group for Credentialed Leaders - Frank Dornfest, Facilitator
08:00 PM - 09:00 PM EST
This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Frank Dornfest as the facilitator and meets the fourth Thursday of odd months. Exception: November the fourth Thursday falls on Thanksgiving, so the meeting will take place on the third Thursday. Participation counts towards Maintenance of Credentialing.

May 24, 2024

Diversity Committee
12:00 PM - 01:00 PM EST
This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.

May 27, 2024

Events Committee
11:00 AM - 12:00 PM EST
This committee meets monthly on the fourth Monday at 11am EST/8am PST.

May 27, 2024

History & Continuity Committee Meeting
02:00 PM - 03:00 PM EST
Committee meets the fourth Monday of odd months.

June 10, 2024

Council Meeting
02:00 PM - 03:00 PM EST

June 17, 2024

Intensives Committee Meeting
02:00 PM - 03:00 PM EST
Eran Metzger,
coordinatorofintensives@americanbalintsociety.org
This committee meets on the third Monday of each month.

June 20, 2024

Scholarly Activity Committee Meeting
10:30 AM - 11:30 AM EST
Vidush Athyal,
vpathyal@gmail.com
This committee meets the 3rd Thursday of each month from 7:30 - 8:30 am Pacific time.

June 21, 2024

Communications & Marketing Committee
01:00 PM - 02:00 PM EST
This committee meets on the third Friday of even months at 1pm Eastern/10am Pacific.

June 24, 2024

Consultation Group for Credentialed Leaders with Paul Scott
02:00 PM - 03:00 PM EST
Paul Scott,
paul.cp1@gmail.com
This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Paul Scott as the facilitator. It generally meets the 4th Monday of even months. Attendance qualifies as a Maintenance of Credentialing activity.

June 24, 2024

Events Committee
11:00 AM - 12:00 PM EST
This committee meets monthly on the fourth Monday at 11am EST/8am PST.

June 26, 2024

MetaSupervision Group Consultation
03:00 PM - 04:00 PM EST
This consultation for supervisors is provided by the CCC and meets on the fourth Wednesday of even months at 3pm ET.

June 28, 2024

Diversity Committee
12:00 PM - 01:00 PM EST
This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.

July 8, 2024

Council Meeting
02:00 PM - 03:00 PM EST

July 15, 2024

Intensives Committee Meeting
02:00 PM - 03:00 PM EST
Eran Metzger,
coordinatorofintensives@americanbalintsociety.org
This committee meets on the third Monday of each month.

July 18, 2024

Scholarly Activity Committee Meeting
10:30 AM - 11:30 AM EST
Vidush Athyal,
vpathyal@gmail.com
This committee meets the 3rd Thursday of each month from 7:30 - 8:30 am Pacific time.

July 22, 2024

Events Committee
11:00 AM - 12:00 PM EST
This committee meets monthly on the fourth Monday at 11am EST/8am PST.

July 22, 2024

History & Continuity Committee Meeting
02:00 PM - 03:00 PM EST
Committee meets the fourth Monday of odd months.

July 25, 2024

Consultation Group for Credentialed Leaders - Frank Dornfest, Facilitator
08:00 PM - 09:00 PM EST
This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Frank Dornfest as the facilitator and meets the fourth Thursday of odd months. Exception: November the fourth Thursday falls on Thanksgiving, so the meeting will take place on the third Thursday. Participation counts towards Maintenance of Credentialing.

July 26, 2024

Diversity Committee
12:00 PM - 01:00 PM EST
This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.

August 12, 2024

Council Meeting
02:00 PM - 03:00 PM EST

August 13, 2024

Online Balint Group with Connie Hixson and Michael Floyd
07:00 PM - 08:00 PM EST
Leaders: Connie Hixson, MD and Michael Floyd, EdD
Time: 7:00pm - 8:00pm Eastern Time/4:00pm - 5:00pm Pacific Time

Number of meetings and Dates: Ten (10) monthly meetings on the following Tuesdays: August 13, Sept 17, October 8, November 12 and December 10, 2024 and January 14, February 11, March 11, April 8 and May 13, 2025.

Cancellation Policy:
If cancelled by the ABS or hosts due to insufficient registrants, those registered will receive their money back. Otherwise, no return of fee is possible, including in the event of registrant's partial attendance or inability to complete the sequence of sessions.

More Information

August 15, 2024

Scholarly Activity Committee Meeting
10:30 AM - 11:30 AM EST
Vidush Athyal,
vpathyal@gmail.com
This committee meets the 3rd Thursday of each month from 7:30 - 8:30 am Pacific time.

August 16, 2024

Communications & Marketing Committee
01:00 PM - 02:00 PM EST
This committee meets on the third Friday of even months at 1pm Eastern/10am Pacific.

August 19, 2024

Intensives Committee Meeting
02:00 PM - 03:00 PM EST
Eran Metzger,
coordinatorofintensives@americanbalintsociety.org
This committee meets on the third Monday of each month.

August 23, 2024

Diversity Committee
12:00 PM - 01:00 PM EST
This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.

August 26, 2024

Consultation Group for Credentialed Leaders with Paul Scott
02:00 PM - 03:00 PM EST
Paul Scott,
paul.cp1@gmail.com
This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Paul Scott as the facilitator. It generally meets the 4th Monday of even months. Attendance qualifies as a Maintenance of Credentialing activity.

August 26, 2024

Events Committee
11:00 AM - 12:00 PM EST
This committee meets monthly on the fourth Monday at 11am EST/8am PST.

August 28, 2024

MetaSupervision Group Consultation
03:00 PM - 04:00 PM EST
This consultation for supervisors is provided by the CCC and meets on the fourth Wednesday of even months at 3pm ET.

September 5, 2024

Online Balint Group with Frank Dornfest & Albert Lichtenstein
07:00 PM - 08:00 PM EST
Leaders: Frank Dornfest, MD, and Albert Lichtenstein, PhD
Time: 7:00pm - 8:00pm Eastern Time/4:00pm - 5:00pm Pacific Time

Number of meetings and Dates: Ten (10) monthly meetings on the first Thursday: September 5, October 3, November 7, December 5, 2024 and January 2, February 6, March 6, April 3, May 1, and June 5, 2025.

Cancellation Policy:
If cancelled by the ABS or hosts due to insufficient registrants, those registered will receive their money back. Otherwise, no return of fee is possible, including in the event of registrant's partial attendance or inability to complete the sequence of sessions.

More Information

September 9, 2024 - September 13, 2024

The 23rd International Balint Congress

Colorado Chautauqua
900 Baseline Road
Boulder, co 80302

Please See Schedule for Times

Cultivating Understanding and Compassion Through Balint

The International Balint Federation (IBF) is composed of 28 societies around the globe which represent varied cultures, historical backgrounds, languages and healthcare systems. While we celebrate our diversity, we acknowledge that we have much to learn from each other. Particularly when we face challenging times, it may help us to examine how Balint Groups work and what gets in their way. We will examine the ways Balint promotes the cultivation of understanding and compassion in our varied settings and experiences. We will accomplish this learning through paper presentations, workshops and rich fellowship. Please join us at The Colorado Chautauqua, a national historic landmark at the base of the Flatiron Mountains for:

Five (5) longitudinal Balint Group sessions.
Paper presentations, poster sessions and workshops.
Continuing education credit (APA and AAFP/AMA).
A rich program of cultural and nature activities for registrants and guests.
Opportunities for networking and relaxation in a beautiful environment.

Complete Event Details

Tentative Schedule

September 9, 2024

Council Meeting
02:00 PM - 03:00 PM EST

September 16, 2024

Intensives Committee Meeting
02:00 PM - 03:00 PM EST
Eran Metzger,
coordinatorofintensives@americanbalintsociety.org
This committee meets on the third Monday of each month.

September 18, 2024

Online Balint Group with Sandra Relyea & Jack Crossen
06:00 PM - 07:00 PM PST
Jack Crossen,
crossenj@easystreet.net
ABS Credentialed Leaders facilitating the group: Jack Crossen, PhD, and Sandra Relyea PA-C
Time: 6PM Pacific Time
Number of meetings and Dates: Eight (8) meetings on 2nd Wednesday of each month September - April: September 18 (3rd Wednesday due to IBF Congress), Oct 9, Nov 13, Dec 11, 2024; Jan 8, Feb 12, Mar 12, Apr 9, 2025.

Cancellation Policy:
If canceled by the ABS or hosts due to insufficient registrants, those registered will receive their money back. Otherwise, no return of fee is possible, including in the event of registrant's partial attendance or inability to complete the sequence of sessions.

More Information

September 19, 2024

Scholarly Activity Committee Meeting
10:30 AM - 11:30 AM EST
Vidush Athyal,
vpathyal@gmail.com
This committee meets the 3rd Thursday of each month from 7:30 - 8:30 am Pacific time.

September 23, 2024

Events Committee
11:00 AM - 12:00 PM EST
This committee meets monthly on the fourth Monday at 11am EST/8am PST.

September 23, 2024

History & Continuity Committee Meeting
02:00 PM - 03:00 PM EST
Committee meets the fourth Monday of odd months.

September 26, 2024

Consultation Group for Credentialed Leaders - Frank Dornfest, Facilitator
08:00 PM - 09:00 PM EST
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September 27, 2024

Diversity Committee
12:00 PM - 01:00 PM EST
This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.

October 14, 2024

Council Meeting
02:00 PM - 03:00 PM EST

October 17, 2024 **Scholarly Activity Committee Meeting**
10:30 AM - 11:30 AM EST
Vidush Athyal,
vpathyal@gmail.com
This committee meets the 3rd Thursday of each month from 7:30 - 8:30 am Pacific time.

October 18, 2024 **Communications & Marketing Committee**
01:00 PM - 02:00 PM EST
This committee meets on the third Friday of even months at 1pm Eastern/10am Pacific.

October 21, 2024 **Intensives Committee Meeting**
02:00 PM - 03:00 PM EST
Eran Metzger,
coordinatorofintensives@americanbalintsociety.org
This committee meets on the third Monday of each month.

October 23, 2024 **MetaSupervision Group Consultation**
03:00 PM - 04:00 PM EST
This consultation for supervisors is provided by the CCC and meets on the fourth Wednesday of even months at 3pm ET.

October 25, 2024 **Diversity Committee**
12:00 PM - 01:00 PM EST
This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.

October 28, 2024 **Consultation Group for Credentialed Leaders with Paul Scott**
02:00 PM - 03:00 PM EST
Paul Scott,
paul.cp1@gmail.com
This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Paul Scott as the facilitator. It generally meets the 4th Monday of even months. Attendance qualifies as a Maintenance of Credentialing activity.

October 28, 2024 **Events Committee**
11:00 AM - 12:00 PM EST
This committee meets monthly on the fourth Monday at 11am EST/8am PST.

November 11, 2024 **Council Meeting**
02:00 PM - 03:00 PM EST

November 18, 2024 **Intensives Committee Meeting**
02:00 PM - 03:00 PM EST
Eran Metzger,
coordinatorofintensives@americanbalintsociety.org
This committee meets on the third Monday of each month.

November 21, 2024 **Consultation Group for Credentialed Leaders - Frank Dornfest, Facilitator**
08:00 PM - 09:00 PM EST
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November 21, 2024

Scholarly Activity Committee Meeting
10:30 AM - 11:30 AM EST
Vidush Athyal,
vpathyal@gmail.com
This committee meets the 3rd Thursday of each month from 7:30 - 8:30 am Pacific time.

November 22, 2024

Diversity Committee
12:00 PM - 01:00 PM EST
This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.

November 25, 2024

Events Committee
11:00 AM - 12:00 PM EST
This committee meets monthly on the fourth Monday at 11am EST/8am PST.

November 25, 2024

History & Continuity Committee Meeting
02:00 PM - 03:00 PM EST
Committee meets the fourth Monday of odd months.

December 9, 2024

Council Meeting
02:00 PM - 03:00 PM EST

December 16, 2024

Intensives Committee Meeting
02:00 PM - 03:00 PM EST
Eran Metzger,
coordinatorofintensives@americanbalintsociety.org
This committee meets on the third Monday of each month.

December 19, 2024

Scholarly Activity Committee Meeting
10:30 AM - 11:30 AM EST
Vidush Athyal,
vpathyal@gmail.com
This committee meets the 3rd Thursday of each month from 7:30 - 8:30 am Pacific time.

December 20, 2024

Communications & Marketing Committee
01:00 PM - 02:00 PM EST
This committee meets on the third Friday of even months at 1pm Eastern/10am Pacific.

December 23, 2024

Events Committee
11:00 AM - 12:00 PM EST
This committee meets monthly on the fourth Monday at 11am EST/8am PST.

December 27, 2024

Diversity Committee
12:00 PM - 01:00 PM EST
This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.

December 30, 2024

Consultation Group for Credentialed Leaders with Paul Scott
02:00 PM - 03:00 PM EST
Paul Scott,
paul.cp1@gmail.com
This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Paul Scott as the facilitator. It generally meets the 4th Monday of even months. Attendance qualifies as a Maintenance of Credentialing activity.