

Calendar of Events

admin@americanbalintsociety.org

April 23, 2026

Balint Leaders Drop-in Discussion

04:00 PM - 05:00 PM EST

Connect with fellow Balint leaders for a facilitated, interactive conversation focused on the real-world challenges of Balint group leadership. Together, we'll explore questions around group structure, growth, and development—within a supportive and confidential space.

Who's welcome? All non-credentialed leaders of Balint groups—whether new to the role or seasoned—are warmly invited.

Facilitators: Terri Wall & Phil Phelps

Time: April 23, 2026 at 04:00 PM Eastern Time (US and Canada)

June 11, 2026

Discussion on Diversity in Balint Groups

08:00 PM - 09:00 PM EST

The ABS Diversity Committee invites you to a facilitated discussion to explore some of the complicated dynamics that arise in Balint groups when the Balint case raises issues related to the full range of diversity and difference.

Possible questions for discussion are how to:

Help the group explore the patient-clinician relationship when issues of diversity and difference arise

Find opportunities to help the group dig deeper

Facilitate a group in which the clinician's identity and personal values seem at odds

When: Thursday, June 11, 2026

Where: 8:00 - 9:00 pm Eastern

Who: Any ABS Member leading a Balint Group

Cost: \$ 0.00 (Free)

In order to ensure that we have adequate time for all to participate and benefit from our discussion, we are limiting attendance to 12 participants. If you register and you're unable to attend, please let us know so we can give your spot to someone else.

June 18, 2026

Balint Leaders Drop-in Discussion

05:00 PM - 06:00 PM EST

Connect with fellow Balint leaders for a facilitated, interactive conversation focused on the real-world challenges of Balint group leadership. Together, we'll explore questions around group structure, growth, and development—within a supportive and confidential space.

Who's welcome? All non-credentialed leaders of Balint groups—whether new to the role or seasoned—are warmly invited.

Facilitator: Phil Phelps

Time: June 18, 2026 at 05:00 PM Eastern Time (US and Canada)

September 10, 2026

Discussion on Diversity in Balint Groups

08:00 PM - 09:00 PM EST

The ABS Diversity Committee invites you to a facilitated discussion to explore some of the complicated dynamics that arise in Balint groups when the Balint case raises issues related to the full range of diversity and difference.

Possible questions for discussion are how to:

Help the group explore the patient-clinician relationship when issues of diversity and difference arise

Find opportunities to help the group dig deeper

Facilitate a group in which the clinician's identity and personal values seem at odds

When: Thursday, September 10, 2026

Where: 8:00 - 9:00 pm Eastern

Who: Any ABS Member leading a Balint Group

Cost: \$ 0.00 (Free)

In order to ensure that we have adequate time for all to participate and benefit from our discussion, we are limiting attendance to 12 participants. If you register and you're unable to attend, please let us know so we can give your spot to someone else.

December 10, 2026

Discussion on Diversity in Balint Groups

08:00 PM - 09:00 PM EST

The ABS Diversity Committee invites you to a facilitated discussion to explore some of the complicated dynamics that arise in Balint groups when the Balint case raises issues related to the full range of diversity and difference.

Possible questions for discussion are how to:

Help the group explore the patient-clinician relationship when issues of diversity and difference arise

Find opportunities to help the group dig deeper

Facilitate a group in which the clinician's identity and personal values seem at odds

When: Thursday, December 10, 2026

Where: 8:00 - 9:00 pm Eastern

Who: Any ABS Member leading a Balint Group

Cost: \$ 0.00 (Free)

In order to ensure that we have adequate time for all to participate and benefit from our discussion, we are limiting attendance to 12 participants. If you register and you're unable to attend, please let us know so we can give your spot to someone else.

April 22, 2026
- April 25, 2026

2026 Spokane Balint Leadership Training Intensive

Please See Daily Schedule

The four-day Intensive course is designed to teach Balint group leadership technique primarily through experiential groups, supplemented by topic-focused small discussion groups and faculty panel discussions. Attendees will have ample time to present cases, practice leading a Balint group, and engage informally with other participants.

The Spokane Leadership Intensive course is appropriate for clinicians new to the Balint Group method as well as experienced Balint Group leaders. The course is well-suited to those who are currently leading, expect to lead in the future, or are seeking a better understanding of Balint groups. The curriculum is appropriate for physicians (primary care, psychiatry, other specialists), psychologists, social workers, other mental health care providers, veterinarians, and pastoral care providers.

Course Details

Because group cohesiveness affects participants' experience of the course, registrants are required to commit to attending all sessions and to attending each session in its entirety. Please do not plan to arrive late, leave early or miss sessions.

The Balint Leadership Intensive is a training course and is not intended as therapy. Nevertheless, Balint Group work can sometimes stir up strong feelings. Prospective registrants who are experiencing a particularly vulnerable period in their lives may want to consider participating in this training at a later date.

Course Schedule

The conference will be held at the Ruby River Hotel where hometown hospitality and peaceful river views greet every guest. Located on the Spokane River with easy access to the Centennial Trail and Riverfront Park, perfect for a leisurely walk or bike ride.

April 22, 2026

MetaSupervision Group Consultation

03:00 PM - 04:00 PM EST

This consultation for supervisors is provided by the CCC - this is a rescheduling of the December 2024 meeting.

April 24, 2026

Diversity Committee

12:00 PM - 01:00 PM EST

This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.

April 27, 2026

Consultation Group for ABS Credentialed Leaders

02:00 PM - 03:00 PM EST

This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Paul Scott as the facilitator. It generally meets the 4th Monday of even months. Attendance qualifies as a Maintenance of Credentialing activity.

Reminders and the Zoom link are available on the Credentialed Leaders message board.

April 27, 2026

Intensive Style Online Balint Group: Lisa Buck & Ali Manning

05:30 PM - 07:00 PM EST

Join a special online Balint group where the focus will be not only hearing cases, but a debrief "intensive style" where Ali Manning and Lisa Buck will talk about leadership moves and help you solidify your skills. The group will meet four times for 90 minutes each session. We will work a case and then spend time discussing what happened and what the leaders considered during the case.

Leaders facilitating the group: Lisa Buck, MD, and Ali Manning, MD

Lisa Buck, MD, has been involved with Balint work since her intern year of residency in Family Medicine, circa 1991. Balint training as a credentialed leader and supervisor soon followed. This work has been a passion for the entirety of her career. Lisa has led groups of residents, homeless shelter staff members, and groups of seasoned clinicians. Joining Ali to lead an intensive style online group with a debrief is new territory for the ABS and she is looking forward to sharing this experience with you.

Ali Manning, MD, B.Ed, FRCPC, is Child and Adolescent Psychiatrist and Director of Postgraduate Psychiatry Education at Dalhousie University. Her first introduction to Balint was on the Beach where she was "bitten by the Balint bug" and quickly went to successfully incorporate these into local residency programs. Ali's Balint facilitation style is informed by both the Balint method and her teaching philosophy, which is in evident not only in how she teaches groups but also how she teaches others to teach groups. She's looking forward to joining forces with Lisa Buck to bring this exciting new Program offered by the American Balint Society.

Time: 5:30PM - 7:00PM Eastern Time/2:30PM - 4:00PM Pacific.

Number of meetings and Dates: Four (4) weekly meetings on the following days: April 27, May 4, May 11 and May 18, 2026.

Cost: \$240/non-members; \$150/members

Cancellation Policy:

If cancelled by the ABS or hosts due to insufficient registrants, those registered will receive their money back. Otherwise, no return of fee is possible, including in the event of registrant's partial attendance or inability to complete the sequence of sessions.

Registrants must have attended at least one Balint Leadership Training Intensive.

Registrants must be clinically active and willing to present cases.

Balint work can stir strong emotions. If the registrant is at an unusually stressful period in their life, we recommend they sign up at another time.

Because the success of the group depends in part on cohesion, steady attendance matters. Registrants must intend to attend all sessions of the group.

In welcoming international participants, please know that the meetings will be held in English.

Target Audience

This series is appropriate for clinicians new to the Balint Group method as well as experienced Balint Group leaders. Suitable for those in active practice including physicians (primary care, psychiatry, other specialists), nurse practitioners, psychologists, social workers, and others.

Accreditation

The AAFP has reviewed Balint Group - Decreasing Isolation with Peer Consultation, and deemed it acceptable for AAFP credit.

AMA/AAFP Equivalency: AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 Credit toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

The American Balint Society is approved by the American Psychological Association to sponsor continuing education for psychologists. The American Balint Society maintains responsibility for this program and its content.

More Information

Grievance Policy:

Any concerns should be brought to the attention of Rebekah Schiefer, Committee Chair.

ABS Grievance Policy

May 1, 2026
- May 3, 2026

2026 Healing, Mindfulness & Compassion Retreat

Please See Event Schedule

Health care professionals are invited to attend the Healing, Mindfulness and Compassion Retreat at the beautiful and tranquil Ratna Ling Conference Center in the Redwoods of Sonoma County, California. The weekend conference combines Eastern and Western approaches to healing: Tibetan Yoga and Meditation as well as Balint sessions that address the complex emotional landscape of the clinician-patient relationship. The Balint group format is an empathy-enhancing practice to strengthen treatment alliances, improve care delivery, increase practitioner resilience and decrease professional isolation. Further context on the neuroscience of compassion and its importance in the provision of effective service will increase understanding of the connection between practitioners' self-care and the care they are able to offer others. The accommodations and architecture are exquisite and the weekend is educational, restful, and rejuvenating.

Cancellation Policy

Registrants wishing to cancel their registration must do so in writing by the cancellation deadline of March 12, 2026. For cancellations received by the cancellation date, \$100 of the registration fee will be withheld for administrative fees and the refund will be issued within 30 days of acknowledgment of the cancellation. For cancellations received after the cancellation date, no refunds will be available.

Complete Event Details

May 1, 2026

Credentialing Coordinating Committee

02:00 PM - 03:00 PM EST

The CCC meets monthly on the first Friday at 2pm Eastern.

May 1, 2026

new event

See Conference Schedule

The Armenian Balint Society is delighted to welcome you to join the Balint Spring Days in Yerevan, alongside the IBF Council meeting.

Yerevan, one of the most ancient cities in the world still full of life, carries within its foundations centuries of endurance and renewal. Armenia, with its rich traditions, sacred landmarks, and unbroken spirit, has shaped a culture of continuity and transformation. From the traces of pagan temples and the birth of Christianity to today's vibrant capital, Yerevan embodies a living story of resilience and revival.

With this spirit in mind, we invite you to come together and reflect on the theme: "From Vulnerability to Resilience in Balint Groups" Balint groups create a space where professionals can bring moments of doubt, difficulty, and vulnerability from their clinical work. Within the safe and reflective environment of the group, these experiences are witnessed, shared, and gradually transformed. Attentive listening and collective reflection enable vulnerability to become a source of strength, opening the way for resilience to grow — both for the practitioner and for the therapeutic encounter. This process highlights how Balint work strengthens our ability to support others while sustaining ourselves.

We warmly look forward to welcoming you to Armenia and to sharing with you the unique spirit of Yerevan — a city of ancient roots and living renewal — as we come together for meaningful exchange and dialogue.

Registration link <https://forms.gle/39JqEqmBBuiJwYAE6>

Early bird registration until February 15 2026

° Member of IBF : 250 €

° Member of ABS: 200 €

° Non member : 270 €

° Students: 50 €

- Fees include participation in Balint groups, coffee breaks, lunches and Gala dinner

Regular registration until April 15 2026

° Member of IBF : 270 €

° Member of ABS: 220 €

° Non member : 290 €

° Students: 50 €

-Fees include participation in Balint groups, coffee breaks, lunches and Gala dinner

Optional :

° Accompanying person: Additional 50 €

° Social Event (two bus tours) 50 €

May 4, 2026

2027 National Meeting Planning Committee

01:00 PM - 02:00 PM EST

This ad-hoc committee meets monthly on the first Monday at 1pm Eastern.

May 11, 2026

Council Meeting

02:00 PM - 03:00 PM EST

ABS Council meets the second Monday of each month at 2pm Eastern.

- May 15, 2026 **Scholarly Activity Committee**
 03:30 PM - 04:30 PM EST
 Eddo de Lang,
 eddodelang@gmail.com
This committee meets monthly on the 3rd Friday at 3:30pm Eastern.
- May 15, 2026 **Balint Groups Online Committee**
 02:00 PM - 03:00 PM EST
This committee typically meets monthly on the third Friday at 2pm Eastern/11am Pacific.
- May 18, 2026 **Committee on Intensives Meeting**
 02:00 PM - 03:00 PM EST
 Kris Wheeler,
 kriswheeler2@gmail.com
This committee meets on the third Monday each month at 2pm Eastern.
- May 21, 2026 **Balint Leaders Drop-in Discussion**
 05:00 PM - 06:00 PM EST
Connect with fellow Balint leaders for a facilitated, interactive conversation focused on the real-world challenges of Balint group leadership. Together, we'll explore questions around group structure, growth, and development—within a supportive and confidential space.
- Who's welcome? All non-credentialed leaders of Balint groups—whether new to the role or seasoned—are warmly invited.*
Facilitator: Phil Phelps
Time: May 21, 2026 at 05:00 PM Eastern Time (US and Canada)
- May 22, 2026 **Diversity Committee**
 12:00 PM - 01:00 PM EST
This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.
- May 25, 2026 **Events Committee**
 11:00 AM - 12:00 PM EST
This committee meets bi-monthly on the fourth Monday of odd months at 11am Eastern/8am Pacific.
- May 28, 2026 **Consultation Group for ABS Credentialed Leaders**
 08:00 PM - 09:00 PM EST
This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Arnold Goldberg as the facilitator. It generally meets the 4th Thursday of odd months. Attendance qualifies as a Maintenance of Credentialing activity.
- Reminders and the Zoom link are available on the Credentialed Leaders message board.*
- June 1, 2026 **2027 National Meeting Planning Committee**
 01:00 PM - 02:00 PM EST
This ad-hoc committee meets monthly on the first Monday at 1pm Eastern.

- June 1, 2026 **History & Continuity Committee**
02:00 PM - 03:00 PM EST
Barbara Hemmendinger,
bhemmend@aol.com
The History & Continuity Committee meets on the 4th Monday of odd months at 2pm Eastern.
- June 5, 2026 **Credentialing Coordinating Committee**
02:00 PM - 03:00 PM EST
The CCC meets monthly on the first Friday at 2pm Eastern.
- June 8, 2026 **Council Meeting**
02:00 PM - 03:00 PM EST
ABS Council meets the second Monday of each month at 2pm Eastern.
- June 12, 2026 **Communications & Marketing Committee**
03:00 PM - 04:00 PM EST
This committee meets on the second Friday of even months at 3pm Eastern/noon Pacific.
- June 15, 2026 **Committee on Intensives Meeting**
02:00 PM - 03:00 PM EST
Kris Wheeler,
kriswheeler2@gmail.com
This committee meets on the third Monday each month at 2pm Eastern.
- June 19, 2026 **Scholarly Activity Committee**
03:30 PM - 04:30 PM EST
Eddo de Lang,
eddodelang@gmail.com
This committee meets monthly on the 3rd Friday at 3:30pm Eastern.
- June 19, 2026 **Balint Groups Online Committee**
02:00 PM - 03:00 PM EST
This committee typically meets monthly on the third Friday at 2pm Eastern/11am Pacific.
- June 22, 2026 **Consultation Group for ABS Credentialed Leaders**
02:00 PM - 03:00 PM EST
This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Paul Scott as the facilitator. It generally meets the 4th Monday of even months. Attendance qualifies as a Maintenance of Credentialing activity.
- Reminders and the Zoom link are available on the Credentialed Leaders message board.*
- June 24, 2026 **MetaSupervision Group Consultation**
03:00 PM - 04:00 PM EST
This consultation for supervisors is provided by the CCC - this is a rescheduling of the December 2024 meeting.

- June 26, 2026 **Diversity Committee**
 12:00 PM - 01:00 PM EST
This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.
- July 3, 2026 **Credentialing Coordinating Committee**
 02:00 PM - 03:00 PM EST
The CCC meets monthly on the first Friday at 2pm Eastern.
- July 6, 2026 **2027 National Meeting Planning Committee**
 01:00 PM - 02:00 PM EST
This ad-hoc committee meets monthly on the first Monday at 1pm Eastern.
- July 9, 2026 **ABS Coffeehouse - Scholarly Activities**
 08:00 PM - 09:00 PM EST
- Save the date! Details about the topic/speaker will be made available soon.*
- The ABS Coffeehouse series is brought to you by the Communications & Marketing Committee as an ABS member benefit.*
- <https://us02web.zoom.us/j/89379534315?pwd=QU1JNnd6U2IPNzhk1hcDBEZUtndz09>
 Meeting ID: 893 7953 4315
 Passcode: 602577
- July 17, 2026 **Scholarly Activity Committee**
 03:30 PM - 04:30 PM EST
 Eddo de Lang,
 eddodelang@gmail.com
This committee meets monthly on the 3rd Friday at 3:30pm Eastern.
- July 17, 2026 **Balint Groups Online Committee**
 02:00 PM - 03:00 PM EST
This committee typically meets monthly on the third Friday at 2pm Eastern/11am Pacific.
- July 20, 2026 **Committee on Intensives Meeting**
 02:00 PM - 03:00 PM EST
 Kris Wheeler,
 kriswheeler2@gmail.com
This committee meets on the third Monday each month at 2pm Eastern.
- July 23, 2026 **Consultation Group for ABS Credentialed Leaders**
 08:00 PM - 09:00 PM EST
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- Reminders and the Zoom link are available on the Credentialed Leaders message board.*

- July 24, 2026 **Diversity Committee**
12:00 PM - 01:00 PM EST
This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.
- July 27, 2026 **Events Committee**
11:00 AM - 12:00 PM EST
This committee meets bi-monthly on the fourth Monday of odd months at 11am Eastern/8am Pacific.
- July 27, 2026 **History & Continuity Committee**
02:00 PM - 03:00 PM EST
Barbara Hemmendinger,
bhemmend@aol.com
The History & Continuity Committee meets on the 4th Monday of odd months at 2pm Eastern.
- August 3, 2026 **2027 National Meeting Planning Committee**
01:00 PM - 02:00 PM EST
This ad-hoc committee meets monthly on the first Monday at 1pm Eastern.
- August 7, 2026 **Credentialing Coordinating Committee**
02:00 PM - 03:00 PM EST
The CCC meets monthly on the first Friday at 2pm Eastern.
- August 10, 2026 **Council Meeting**
02:00 PM - 03:00 PM EST
ABS Council meets the second Monday of each month at 2pm Eastern.
- August 14, 2026 **Communications & Marketing Committee**
03:00 PM - 04:00 PM EST
This committee meets on the second Friday of even months at 3pm Eastern/noon Pacific.
- August 17, 2026 **Committee on Intensives Meeting**
02:00 PM - 03:00 PM EST
Kris Wheeler,
kriswheeler2@gmail.com
This committee meets on the third Monday each month at 2pm Eastern.
- August 21, 2026 **Scholarly Activity Committee**
03:30 PM - 04:30 PM EST
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eddodelang@gmail.com
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- August 21, 2026 **Balint Groups Online Committee**
02:00 PM - 03:00 PM EST
This committee typically meets monthly on the third Friday at 2pm Eastern/11am Pacific.

- August 24, 2026 **Consultation Group for ABS Credentialed Leaders**
 02:00 PM - 03:00 PM EST
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- Reminders and the Zoom link are available on the Credentialed Leaders message board.*
- August 26, 2026 **MetaSupervision Group Consultation**
 03:00 PM - 04:00 PM EST
This consultation for supervisors is provided by the CCC - this is a rescheduling of the December 2024 meeting.
- August 28, 2026 **Diversity Committee**
 12:00 PM - 01:00 PM EST
This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.
- September 4, 2026 **Credentialing Coordinating Committee**
 02:00 PM - 03:00 PM EST
The CCC meets monthly on the first Friday at 2pm Eastern.
- September 4, 2026 **Credentialing Coordinating Committee**
 02:00 PM - 03:00 PM EST
The CCC meets monthly on the first Friday at 2pm Eastern.
- September 7, 2026 **2027 National Meeting Planning Committee**
 01:00 PM - 02:00 PM EST
This ad-hoc committee meets monthly on the first Monday at 1pm Eastern.
- September 14, 2026 **Council Meeting**
 02:00 PM - 03:00 PM EST
ABS Council meets the second Monday of each month at 2pm Eastern.
- September 18, 2026 **Scholarly Activity Committee**
 03:30 PM - 04:30 PM EST
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 eddodelang@gmail.com
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- Reminders and the Zoom link are available on the Credentialed Leaders message board.*
- September 25, 2026 **Diversity Committee**
 12:00 PM - 01:00 PM EST
This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.
- September 28, 2026 **Events Committee**
 11:00 AM - 12:00 PM EST
This committee meets bi-monthly on the fourth Monday of odd months at 11am Eastern/8am Pacific.
- September 28, 2026 **History & Continuity Committee**
 02:00 PM - 03:00 PM EST
 Barbara Hemmendinger,
 bhemmend@aol.com
The History & Continuity Committee meets on the 4th Monday of odd months at 2pm Eastern.
- October 2, 2026 **Credentialing Coordinating Committee**
 02:00 PM - 03:00 PM EST
The CCC meets monthly on the first Friday at 2pm Eastern.
- October 5, 2026 **2027 National Meeting Planning Committee**
 01:00 PM - 02:00 PM EST
This ad-hoc committee meets monthly on the first Monday at 1pm Eastern.
- October 8, 2026 **ABS Coffeehouse - 2027 National Meeting**
 08:00 PM - 09:00 PM EST
- Save the date! Details about the topic/speaker will be made available soon.*
- The ABS Coffeehouse series is brought to you by the Communications & Marketing Committee as an ABS member benefit.*
- <https://us02web.zoom.us/j/89379534315?pwd=QU1JNnd6U2IPNzhk1hcDBEZUtnZ09>
 Meeting ID: 893 7953 4315
 Passcode: 602577
- October 9, 2026 **Communications & Marketing Committee**
 03:00 PM - 04:00 PM EST
This committee meets on the second Friday of even months at 3pm Eastern/noon Pacific.

October 12, 2026

Council Meeting

02:00 PM - 03:00 PM EST

ABS Council meets the second Monday of each month at 2pm Eastern.

Online Balint Group with Frank Dornfest & Albert Lichtenstein

07:00 PM - 08:00 PM EST

Leaders: Frank Dornfest, MD and Albert Lichtenstein, PhD

Time: The first meeting will be 90 minutes 7:00pm - 8:30pm Eastern Time/4:00pm - 5:30pm Pacific Time. Subsequent meetings will be 60 minutes 7:00pm - 8:00pm Eastern/4:00 - 5:00 Pacific.

Number of meetings and Dates: Ten (10) monthly meetings on the following Thursdays: October 15, November 19, and December 17, 2026; January 21, February 18, March 18, April 15, May 20, June 17, and July 15, 2027.

Fee:

\$250 for ABS Members

\$400 for non-members

Cancellation Policy:

If canceled by the ABS or hosts due to insufficient registrants, those registered will receive their money back. Otherwise, no return of fee is possible, including in the event of registrant's partial attendance or inability to complete the sequence of sessions.

- 1. Registrants must be clinically active and willing to present cases.*
- 2. Balint work can stir strong emotions. If the registrant is at an unusually stressful period in their life, we recommend they sign up at another time.*
- 3. Because the success of the group depends in part on cohesion, steady attendance matters. Registrants must intend to attend all sessions of the group.*

Target Audience

This series is appropriate for clinicians new to the Balint Group method as well as experienced Balint Group leaders. Suitable for those in active practice including physicians (primary care, psychiatry, other specialists), nurse practitioners, psychologists, social workers, and others.

Accreditation

The AAFP has reviewed Balint Group - Decreasing Isolation with Peer Consultation, and deemed it acceptable for AAFP credit.

AMA/AAFP Equivalency: AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 Credit toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

The American Balint Society is approved by the American Psychological Association to sponsor continuing education for psychologists. The American Balint Society maintains responsibility for this program and its content.

More Information

Grievance Policy:

Any concerns should be brought to the attention of Rebekah Schiefer, Committee Chair.

ABS Grievance Policy

- October 16, 2026 **Scholarly Activity Committee**
03:30 PM - 04:30 PM EST
Eddo de Lang,
eddodelang@gmail.com
This committee meets monthly on the 3rd Friday at 3:30pm Eastern.
- October 16, 2026 **Balint Groups Online Committee**
02:00 PM - 03:00 PM EST
This committee typically meets monthly on the third Friday at 2pm Eastern/11am Pacific.
- October 19, 2026 **Committee on Intensives Meeting**
02:00 PM - 03:00 PM EST
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01:00 PM - 02:00 PM EST
This ad-hoc committee meets monthly on the first Monday at 1pm Eastern.
- November 6, 2026 **Credentialing Coordinating Committee**
02:00 PM - 03:00 PM EST
The CCC meets monthly on the first Friday at 2pm Eastern.
- November 9, 2026 **Council Meeting**
02:00 PM - 03:00 PM EST
ABS Council meets the second Monday of each month at 2pm Eastern.

November 12, 2026
- November 15, 2026

2026 New England Balint Leadership Training Intensive
The Babson Executive Conference Center
1 Snyder Drive
Babson Park, MA 02457
12:00 PM - 12:00 PM EST

The four-day Intensive course is designed to teach Balint group leadership technique primarily through experiential groups, supplemented by topic-focused small discussion groups and faculty panel discussions. Attendees will have ample time to present cases, practice leading a Balint group, and engage informally with other participants.

The New England Leadership Intensive course is appropriate for clinicians new to the Balint Group method as well as experienced Balint Group leaders. The course is well-suited to those who are currently leading, expect to lead in the future, or are seeking a better understanding of Balint groups. The curriculum is appropriate for physicians (primary care, psychiatry, other specialists), psychologists, social workers, other mental health care providers, veterinarians, and pastoral care providers.

Course Details

Because group cohesiveness affects participants' experience of the course, registrants are required to commit to attending all sessions and to attending each session in its entirety. Please do not plan to arrive late, leave early or miss sessions.

The Balint Leadership Intensive is a training course and is not intended as therapy. Nevertheless, Balint Group work can sometimes stir up strong feelings. Prospective registrants who are experiencing a particularly vulnerable period in their lives may want to consider participating in this training at a later date.

Course Schedule

The conference will be held at the Babson Executive Conference Center at Babson College, 20 minutes from downtown Boston and Logan International Airport. Residing at the conference center is strongly recommended, even for local attendees, so that you may benefit from the retreat-like nature of the course. The ABS has negotiated a conference rate of \$239 per night which includes full breakfast and access to the state of the art Len Green Recreation and Athletics Complex (LGRAC) on campus. In addition, there are scenic walking trails and an indoor skating rink on the Babson campus. In reserving your room with the following link, you're getting the best possible rate and helping us fulfill our contractual obligation with the hotel.

Cancellation Policy

Registrants wishing to cancel their registration must do so in writing by the cancellation deadline of September 15, 2026. For cancellations received by the cancellation date, \$100 of the registration fee will be withheld for administrative fees and the refund will occur within 30 days of acknowledgment of cancellation. For cancellations received after the deadline, no refunds will be available.

ABS Grievance Policy

Any concerns should be brought to the attention of Eran Metzger, metzger@hsl.harvard.edu.

ABS Grievance Policy

- November 16, 2026 **Committee on Intensives Meeting**
02:00 PM - 03:00 PM EST
Kris Wheeler,
kriswheeler2@gmail.com
This committee meets on the third Monday each month at 2pm Eastern.
- November 20, 2026 **Scholarly Activity Committee**
03:30 PM - 04:30 PM EST
Eddo de Lang,
eddodelang@gmail.com
This committee meets monthly on the 3rd Friday at 3:30pm Eastern.
- November 20, 2026 **Balint Groups Online Committee**
02:00 PM - 03:00 PM EST
This committee typically meets monthly on the third Friday at 2pm Eastern/11am Pacific.
- November 23, 2026 **Events Committee**
11:00 AM - 12:00 PM EST
This committee meets bi-monthly on the fourth Monday of odd months at 11am Eastern/8am Pacific.
- November 23, 2026 **History & Continuity Committee**
02:00 PM - 03:00 PM EST
Barbara Hemmendinger,
bhemmend@aol.com
The History & Continuity Committee meets on the 4th Monday of odd months at 2pm Eastern.
- November 27, 2026 **Diversity Committee**
12:00 PM - 01:00 PM EST
This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.
- December 4, 2026 **Credentialing Coordinating Committee**
02:00 PM - 03:00 PM EST
The CCC meets monthly on the first Friday at 2pm Eastern.
- December 7, 2026 **2027 National Meeting Planning Committee**
01:00 PM - 02:00 PM EST
This ad-hoc committee meets monthly on the first Monday at 1pm Eastern.
- December 11, 2026 **Communications & Marketing Committee**
03:00 PM - 04:00 PM EST
This committee meets on the second Friday of even months at 3pm Eastern/noon Pacific.
- December 14, 2026 **Council Meeting**
02:00 PM - 03:00 PM EST
ABS Council meets the second Monday of each month at 2pm Eastern.

- December 18, 2026 **Scholarly Activity Committee**
03:30 PM - 04:30 PM EST
Eddo de Lang,
eddodelang@gmail.com
This committee meets monthly on the 3rd Friday at 3:30pm Eastern.
- December 18, 2026 **Balint Groups Online Committee**
02:00 PM - 03:00 PM EST
This committee typically meets monthly on the third Friday at 2pm Eastern/11am Pacific.
- December 21, 2026 **Committee on Intensives Meeting**
02:00 PM - 03:00 PM EST
Kris Wheeler,
kriswheeler2@gmail.com
This committee meets on the third Monday each month at 2pm Eastern.
- December 23, 2026 **MetaSupervision Group Consultation**
03:00 PM - 04:00 PM EST
This consultation for supervisors is provided by the CCC - this is a rescheduling of the December 2024 meeting.
- December 28, 2026 **Consultation Group for ABS Credentialed Leaders**
02:00 PM - 03:00 PM EST
This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Paul Scott as the facilitator. It generally meets the 4th Monday of even months. Attendance qualifies as a Maintenance of Credentialing activity.
- Reminders and the Zoom link are available on the Credentialed Leaders message board.*

February 11, 2027
- February 13, 2027

2027 Seattle Balint Leadership Training Intensive

08:00 AM - 04:00 PM EST

Course Overview

The Seattle Intensive is unique in that it is designed to accommodate a single group of participants led by three credentialed faculty. The conference will be held in Seattle's University District with the exact location to be shared upon registration. No lodging is provided for this conference because of its local character.

This three-day Intensive course is designed to teach Balint group leadership technique primarily through experiential groups, supplemented by topic-focused small discussion groups and faculty panel discussions. Attendees will have ample time to present cases, practice leading a Balint group, and engage informally with other participants. Faculty-guided debriefings provide opportunities to receive feedback on participants' practice sessions in a safe and supportive setting. Participants emerge from the course with a deeper understanding of Balint group leadership techniques and responsibilities and improved awareness of the method's limitations and risks.

The high faculty:participant ratio makes this course well-suited to meet the needs of those new to Balint group leadership as well as those who have experience and wish to hone their skills. Each Intensive course is unique, reflecting the diversity of the faculty, attendees, and the cases offered.

Tentative Schedule

The Seattle Balint Leadership Intensive course is appropriate for clinicians new to the Balint Group method as well as experienced Balint Group leaders. The course is well-suited to those who are currently leading, expect to lead in the future, or are seeking a better understanding of Balint groups. The curriculum is appropriate for physicians (primary care, psychiatry, other specialists), psychologists, social workers, other mental health care providers, veterinarians, and pastoral care providers.

Course Details

Because group cohesiveness affects participants' experience of the course, registrants are required to commit to attending all sessions and to attending each session in its entirety. Please do not plan to arrive late, leave early or miss sessions.

The Balint Leadership Intensive is a training course and is not intended as therapy. Nevertheless, Balint Group work can sometimes stir up strong feelings. Prospective registrants who are experiencing a particularly vulnerable period in their lives may want to consider participating in this training at a later date.

Cancellation Policy

Registrants wishing to cancel their registration must do so in writing by the cancellation deadline of December 11, 2026. For cancellations received by the cancellation date, \$100 of the registration fee will be withheld for administrative fees and the refund will occur within 30 days of acknowledgment of cancellation. For cancellations received after the deadline, no refunds will be available.

ABS Grievance Policy

Any concerns should be brought to the attention of Kathy Knowlton, tryekk@aol.com .

ABS Grievance Policy

April 14, 2027
- April 16, 2027

2027 ABS National Meeting - Virtual
Washington University
12:00 PM - 12:00 PM EST

Restoring the Core of Clinical Practice

2027 National Meeting of the American Balint Society

Washington University
St. Louis, Missouri
April 14 - 16, 2027

Early Registration Deadline: December 15, 2026
Registration Closes: February 25, 2027

Virtual Registration

We are pleased to announce there is a virtual option for those unable to attend in person. The Virtual Congress will provide four (4) longitudinal Balint Groups (all groups offered in Central time), as well as livestreaming of paper presentations and continuing education credit (APA and AAFP/AMA).

Non-Member Registration: \$525
ABS Member Registration: \$450
Residents, students, fellows receive a reduced rate: \$350

Tentative Schedule

Conference Details

Cancellation Policy

Registrants wishing to cancel their registration must do so in writing by the cancellation deadline: February 25, 2027. For cancellations received by the cancellation date, \$100 of the registration fee will be withheld for administrative fees, and the refund will occur within 30 days of acknowledgment of cancellation. For cancellations received after the deadline, no refunds will be available.

April 14, 2027
- April 16, 2027

2027 ABS National Meeting
Washington University
12:00 PM - 12:00 PM EST

Restoring the Core of Clinical Practice

2027 National Meeting of the American Balint Society

Washington University
St. Louis, Missouri
April 14 - 16, 2027

Early Registration Deadline: December 15, 2026
Registration Closes: February 25, 2027

Registration Fees

For those joining us in St. Louis, registration is limited to 50 participants. Previous conferences have filled before the registration deadline, so early registration is strongly encouraged.

Single Registration:

\$700 by December 15, 2026; \$750 regular rate

ABS Member Registration:

\$625 by December 15, 2026; \$675 regular rate

Residents, students, fellows receive a reduced rate:

\$475 with no early registration differential.

The registration fee includes:

Longitudinal Balint Group sessions.
Paper presentations and workshops.
Enid Balint Essay Winner Presentations.
Continuing education credit (APA and AAFP/AMA).
Opportunities for networking and relaxation in a beautiful environment.
Gala dinner, two breakfasts, one lunch and daily refreshment breaks.

Tentative Schedule

Conference Details

Cancellation Policy

Registrants wishing to cancel their registration must do so in writing by the cancellation deadline: February 25, 2027. For cancellations received by the cancellation date, \$100

of the registration fee will be withheld for administrative fees, and the refund will occur within 30 days of acknowledgment of cancellation. For cancellations received after the deadline, no refunds will be available.