

## Calendar of Events

admin@americanbalintsociety.org

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January 22, 2026

### **Balint Leaders Drop-in Discussion**

04:00 PM - 05:00 PM EST

*Connect with fellow Balint leaders for a facilitated, interactive conversation focused on the real-world challenges of Balint group leadership. Together, we'll explore questions around group structure, growth, and development—within a supportive and confidential space.*

*Who's welcome? All non-credentialed leaders of Balint groups—whether new to the role or seasoned—are warmly invited.*

*Facilitators: Terri Wall & Phil Phelps*

*Time: January 22, 2026 at 04:00 PM Eastern Time (US and Canada)*

June 11, 2026

### **Discussion on Diversity in Balint Groups**

08:00 PM - 09:00 PM EST

*The ABS Diversity Committee invites you to a facilitated discussion to explore some of the complicated dynamics that arise in Balint groups when the Balint case raises issues related to the full range of diversity and difference.*

*Possible questions for discussion are how to:*

*Help the group explore the patient-clinician relationship when issues of diversity and difference arise*

*Find opportunities to help the group dig deeper*

*Facilitate a group in which the clinician's identity and personal values seem at odds*

*When: Thursday, June 11, 2026*

*Where: 8:00 - 9:00 pm Eastern*

*Who: Any ABS Member leading a Balint Group*

*Cost: \$ 0.00 (Free)*

*In order to ensure that we have adequate time for all to participate and benefit from our discussion, we are limiting attendance to 12 participants. If you register and you're unable to attend, please let us know so we can give your spot to someone else.*

September 10, 2026

### **Discussion on Diversity in Balint Groups**

08:00 PM - 09:00 PM EST

*The ABS Diversity Committee invites you to a facilitated discussion to explore some of the complicated dynamics that arise in Balint groups when the Balint case raises issues related to the full range of diversity and difference.*

*Possible questions for discussion are how to:*

*Help the group explore the patient-clinician relationship when issues of diversity and difference arise*

*Find opportunities to help the group dig deeper*

*Facilitate a group in which the clinician's identity and personal values seem at odds*

*When: Thursday, September 10, 2026*

*Where: 8:00 - 9:00 pm Eastern*

*Who: Any ABS Member leading a Balint Group*

*Cost: \$ 0.00 (Free)*

*In order to ensure that we have adequate time for all to participate and benefit from our discussion, we are limiting attendance to 12 participants. If you register and you're unable to attend, please let us know so we can give your spot to someone else.*

November 12, 2026  
- November 15, 2026

**2026 New England Balint Leadership Training Intensive**  
**The Babson Executive Conference Center**  
**1 Snyder Drive**  
**Babson Park, MA 02457**  
12:00 PM - 12:00 PM EST

*The four-day Intensive course is designed to teach Balint group leadership technique primarily through experiential groups, supplemented by topic-focused small discussion groups and faculty panel discussions. Attendees will have ample time to present cases, practice leading a Balint group, and engage informally with other participants.*

*The New England Leadership Intensive course is appropriate for clinicians new to the Balint Group method as well as experienced Balint Group leaders. The course is well-suited to those who are currently leading, expect to lead in the future, or are seeking a better understanding of Balint groups. The curriculum is appropriate for physicians (primary care, psychiatry, other specialists), psychologists, social workers, other mental health care providers, veterinarians, and pastoral care providers.*

#### **Course Details**

*Because group cohesiveness affects participants' experience of the course, registrants are required to commit to attending all sessions and to attending each session in its entirety. Please do not plan to arrive late, leave early or miss sessions.*

*The Balint Leadership Intensive is a training course and is not intended as therapy. Nevertheless, Balint Group work can sometimes stir up strong feelings. Prospective registrants who are experiencing a particularly vulnerable period in their lives may want to consider participating in this training at a later date.*

#### **Course Schedule**

*The conference will be held at the Babson Executive Conference Center at Babson College, 20 minutes from downtown Boston and Logan International Airport. Residing at the conference center is strongly recommended, even for local attendees, so that you may benefit from the retreat-like nature of the course. The ABS has negotiated a conference rate of \$239 per night which includes full breakfast and access to the state of the art Len Green Recreation and Athletics Complex (LGRAC) on campus. In addition, there are scenic walking trails and an indoor skating rink on the Babson campus. In reserving your room with the following link, you're getting the best possible rate and helping us fulfill our contractual obligation with the hotel.*

#### **Cancellation Policy**

*Registrants wishing to cancel their registration must do so in writing by the cancellation deadline of September 15, 2026. For cancellations received by the cancellation date, \$100 of the registration fee will be withheld for administrative fees and the refund will occur within 30 days of acknowledgment of cancellation. For cancellations received after the deadline, no refunds will be available.*

#### **ABS Grievance Policy**

*Any concerns should be brought to the attention of Eran Metzger, metzger@hsl.harvard.edu.*

#### **ABS Grievance Policy**

December 10, 2026

### **Discussion on Diversity in Balint Groups**

08:00 PM - 09:00 PM EST

*The ABS Diversity Committee invites you to a facilitated discussion to explore some of the complicated dynamics that arise in Balint groups when the Balint case raises issues related to the full range of diversity and difference.*

*Possible questions for discussion are how to:*

*Help the group explore the patient-clinician relationship when issues of diversity and difference arise*

*Find opportunities to help the group dig deeper*

*Facilitate a group in which the clinician's identity and personal values seem at odds*

*When: Thursday, December 10, 2026*

*Where: 8:00 - 9:00 pm Eastern*

*Who: Any ABS Member leading a Balint Group*

*Cost: \$ 0.00 (Free)*

*In order to ensure that we have adequate time for all to participate and benefit from our discussion, we are limiting attendance to 12 participants. If you register and you're unable to attend, please let us know so we can give your spot to someone else.*

January 9, 2026

### **Credentialing Coordinating Committee**

02:00 PM - 03:00 PM EST

*The CCC meets monthly on the first Friday at 2pm Eastern.*

## **Online Balint Group: Eddo de Lang & Darlene Lawrence**

11:00 AM - 12:00 PM EST

*An online Balint Group is now forming which will meet monthly on the second Saturday at 11am Eastern/8am Pacific. The series will begin in January and run through August. Because group cohesiveness affects participants' experience of the group, and a minimum number of participants are required to hold a session, registrants are asked to commit to attending all sessions. Please do not plan to arrive late, leave early or miss sessions, etc.*

*Leaders facilitating the group: Eddo de Lang, MD, and Darlene Lawrence, MD*

*Eddo de Lang, MD, has been a family physician since 1980. My first introduction to Balint was in the late 1970s while I was doing my Family Medicine Residency training in the Netherlands. After practicing for several years in Europe, I moved to the United States. Participating in Balint groups as a group member or co-leader has taught me the importance of divergent thinking and reflection. Darlene Lawrence and I are both credentialed Balint Group leaders and have co-led two previous ABS online groups and we have both co-led several in-person Balint Groups as well. I am currently involved in the ABS Scholarly Activity Committee, Balint Leadership Intensives Committee, and ABS council. It will be a pleasure meeting you online when our group will have its first Balint Group session. Hope to see you there.*

*Darlene Lawrence, MD, FAAFP, is a board-certified family physician who graduated from Georgetown University School of Medicine, and completed her residency at the Georgetown/Providence Family Medicine Residency Program in her hometown, Washington, D.C. Providing full-service family medicine, including obstetrics for 26 years, Dr. Lawrence has been teaching medical students and family medicine residents for more than 30 years. Currently, she is associate program director of The Wright Center for Graduate Medical Education Family Medicine Residency Program at Unity Health Care at Parkside Health Center and directs advising, Balint, Practice Management, and Resident Wellness. She is an ABS credentialed leader and faculty member at Balint intensives. She is a proud wife, parent of four and dog mom of two.*

*Time: 11:00am - 12:00pm Eastern Time/8:00am - 9:am Pacific. The initial meeting will be 90 minutes to allow for introductions and an overview of the Balint method, meetings two - eight will be 60 minutes.*

*Number of meetings and Dates: Eight (8) monthly meetings on the second Saturday: January 10, February 14, March 14, April 11, May 9, June 13, July 11, and August 8, 2026.*

### **Cancellation Policy:**

*If cancelled by the ABS or hosts due to insufficient registrants, those registered will receive their money back. Otherwise, no return of fee is possible, including in the event of registrant's partial attendance or inability to complete the sequence of sessions.*

- 1. Registrants must be clinically active and willing to present cases.*
- 2. Balint work can stir strong emotions. If the registrant is at an unusually stressful period in their life, we recommend they sign up at another time.*
- 3. Because the success of the group depends in part on cohesion, steady attendance matters. Registrants must intend to attend all sessions of the group.*
- 4. In welcoming international participants, please know that the meetings will be held in English.*

### **Target Audience**

*This series is appropriate for clinicians new to the Balint Group method as well as*

*experienced Balint Group leaders. Suitable for those in active practice including physicians (primary care, psychiatry, other specialists), nurse practitioners, psychologists, social workers, and others.*

**Accreditation**

*The AAFP has reviewed Balint Group - Decreasing Isolation with Peer Consultation, and deemed it acceptable for AAFP credit.*

*AMA/AAFP Equivalency: AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 Credit toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.*

*The American Balint Society is approved by the American Psychological Association to sponsor continuing education for psychologists. The American Balint Society maintains responsibility for this program and its content.*

**More Information**

**Grievance Policy:**

*Any concerns should be brought to the attention of Rebekah Schiefer, Committee Chair.*

**ABS Grievance Policy**

January 12, 2026

**Council Meeting**

02:00 PM - 03:00 PM EST

*ABS Council meets the second Monday of each month at 2pm Eastern.*

January 16, 2026

**Scholarly Activity Committee**

03:30 PM - 04:30 PM EST

Eddo de Lang,  
eddodelang@gmail.com

*This committee meets monthly on the 3rd Friday at 3:30pm Eastern.*

January 16, 2026

**Balint Groups Online Committee**

02:00 PM - 03:00 PM EST

*This committee typically meets monthly on the third Friday at 2pm Eastern/11am Pacific.*

January 19, 2026

**Committee on Intensives Meeting**

02:00 PM - 03:00 PM EST

Kris Wheeler,  
kriswheeler2@gmail.com

*This committee meets on the third Monday each month at 2pm Eastern.*

January 22, 2026

**Consultation Group for ABS Credentialed Leaders**

08:00 PM - 09:00 PM EST

*This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Arnold Goldberg as the facilitator. It generally meets the 4th Thursday of odd months. Attendance qualifies as a Maintenance of Credentialing activity.*

*Reminders and the Zoom link are available on the Credentialed Leaders message board.*

January 23, 2026

**Diversity Committee**

12:00 PM - 01:00 PM EST

*This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.*

January 26, 2026

**Events Committee**

11:00 AM - 12:00 PM EST

*This committee meets bi-monthly on the fourth Monday of odd months at 11am Eastern/8am Pacific.*

January 26, 2026

**History & Continuity Committee**

02:00 PM - 03:00 PM EST

Barbara Hemmendinger,  
bhemmend@aol.com

*The History & Continuity Committee meets on the 4th Monday of odd months at 2pm Eastern.*

January 31, 2026

### **International Balint Federation Ascona Submission Deadline**

See Event Website for Schedule

*The Foundation Psychosomatic and Social Medicine invites medical students to consider applying for The International Balint Award 2026 – "Ascona Prize"*

*They should describe a student-patient relationship, an experience, or experiences, from the student's medical studies and include critical reflection on personal meetings with patients. Prize monies of € 5,000 are available for the authors of the best three essays. Papers must be in English. Each essay will be reviewed by an international jury with final prize winners being selected by a committee named by the Foundation and the International Balint Federation.*

*The criteria by which the papers will be judged are as follows:*

*Exposition: The paper should include a presentation of a truly personal experience of a student-patient relationship. (Manuscripts of former medical theses or diplomas cannot be accepted.)*

*Reflection: A description of how the student experienced this relationship, either individually or as part of the medical team.*

*Action: The student's own perception of the demands to which s/he felt exposed and an illustration of how s/he responded.*

*Progression: A discussion of both ways in which the student's own approach might change in the future, and also possible ways in which future medical training might enhance the state of awareness for individual students.*

*Submissions of 5.000-12.000 words should be sent by email, as a Word attachment to Prof Don Nease: DONALD.NEASE@CUANSCHUTZ.EDU*

*They must be received before 31st January 2026. Prizes will be given at the International Balint Congress in Aarhus, Denmark, 30 Sept – 3 October 2026.*

*The prize winners will be expected to give a short presentation of their essay (not more than 15 minutes) at the Congress and the full text of the papers will be published in the Proceedings of the Congress and other Balint journals.*

*The Congress fee will be waived for prize-winners and they will be provided with free accommodation. In addition, each prizewinner may claim reasonable travel expenses (the lowest available air fare) on the production of appropriate receipts.*

*Read more: [stiftung-ps.de/home-en-gb/](http://stiftung-ps.de/home-en-gb/), [www.balintinternational.com](http://www.balintinternational.com)*

February 2, 2026

### **2027 National Meeting Planning Committee**

01:00 PM - 02:00 PM EST

*This ad-hoc committee meets monthly on the first Monday at 1pm Eastern.*

February 6, 2026

### **Credentialing Coordinating Committee**

02:00 PM - 03:00 PM EST

*The CCC meets monthly on the first Friday at 2pm Eastern.*

February 9, 2026

**Council Meeting**

02:00 PM - 03:00 PM EST

*ABS Council meets the second Monday of each month at 2pm Eastern.*

*Leaders: Lisa Buck, MD and Albert Lichtenstein, PhD*

*Time: The first meeting will be 90 minutes 7:00pm - 8:30pm Eastern Time/4:00pm - 5:30pm Pacific Time. Subsequent meetings will be 60 minutes 7:00pm - 8:00pm Eastern/4:00 - 5:00 Pacific.*

*Number of meetings and Dates: Ten (10) monthly meetings on the following Tuesdays: February 10, March 10, April 14, May 12, June 9, July 14, August 11, Sept 8, October 13, and November 10, 2026.*

*Fee:*

*\$250 for ABS Members*

*\$400 for non-members*

*Cancellation Policy:*

*If canceled by the ABS or hosts due to insufficient registrants, those registered will receive their money back. Otherwise, no return of fee is possible, including in the event of registrant's partial attendance or inability to complete the sequence of sessions.*

- 1. Registrants must be clinically active and willing to present cases.*
- 2. Balint work can stir strong emotions. If the registrant is at an unusually stressful period in their life, we recommend they sign up at another time.*
- 3. Because the success of the group depends in part on cohesion, steady attendance matters. Registrants must intend to attend all sessions of the group.*

*Target Audience*

*This series is appropriate for clinicians new to the Balint Group method as well as experienced Balint Group leaders. Suitable for those in active practice including physicians (primary care, psychiatry, other specialists), nurse practitioners, psychologists, social workers, and others.*

*Accreditation*

*The AAFP has reviewed Balint Group - Decreasing Isolation with Peer Consultation, and deemed it acceptable for AAFP credit.*

*AMA/AAFP Equivalency: AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 Credit toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.*

*The American Balint Society is approved by the American Psychological Association to sponsor continuing education for psychologists. The American Balint Society maintains responsibility for this program and its content.*

*More Information*

*Grievance Policy:*

*Any concerns should be brought to the attention of Rebekah Schiefer, Committee Chair.*

*ABS Grievance Policy*

February 13, 2026	<b>Communications &amp; Marketing Committee</b> 03:00 PM - 04:00 PM EST <i>This committee meets on the second Friday of even months at 3pm Eastern/noon Pacific.</i>
February 16, 2026	<b>Committee on Intensives Meeting</b> 02:00 PM - 03:00 PM EST Kris Wheeler, kriswheeler2@gmail.com <i>This committee meets on the third Monday each month at 2pm Eastern.</i>
February 20, 2026	<b>Scholarly Activity Committee</b> 03:30 PM - 04:30 PM EST Eddo de Lang, eddodelang@gmail.com <i>This committee meets monthly on the 3rd Friday at 3:30pm Eastern.</i>
February 20, 2026	<b>Balint Groups Online Committee</b> 02:00 PM - 03:00 PM EST <i>This committee typically meets monthly on the third Friday at 2pm Eastern/11am Pacific.</i>
February 23, 2026	<b>Consultation Group for ABS Credentialed Leaders</b> 02:00 PM - 03:00 PM EST <i>This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Paul Scott as the facilitator. It generally meets the 4th Monday of even months. Attendance qualifies as a Maintenance of Credentialing activity.</i>  <i>Reminders and the Zoom link are available on the Credentialed Leaders message board.</i>
February 25, 2026	<b>MetaSupervision Group Consultation</b> 03:00 PM - 04:00 PM EST <i>This consultation for supervisors is provided by the CCC - this is a rescheduling of the December 2024 meeting.</i>
February 27, 2026	<b>Diversity Committee</b> 12:00 PM - 01:00 PM EST <i>This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.</i>
March 2, 2026	<b>2027 National Meeting Planning Committee</b> 01:00 PM - 02:00 PM EST <i>This ad-hoc committee meets monthly on the first Monday at 1pm Eastern.</i>
March 6, 2026	<b>Credentialing Coordinating Committee</b> 02:00 PM - 03:00 PM EST <i>The CCC meets monthly on the first Friday at 2pm Eastern.</i>

March 9, 2026

**Council Meeting**

02:00 PM - 03:00 PM EST

*ABS Council meets the second Monday of each month at 2pm Eastern.*

March 12, 2026

**Discussion on Diversity in Balint Groups**

08:00 PM - 09:00 PM EST

*The ABS Diversity Committee invites you to a facilitated discussion to explore some of the complicated dynamics that arise in Balint groups when the Balint case raises issues related to the full range of diversity and difference.*

*Possible questions for discussion are how to:*

*Help the group explore the patient-clinician relationship when issues of diversity and difference arise*

*Find opportunities to help the group dig deeper*

*Facilitate a group in which the clinician's identity and personal values seem at odds*

*When: Thursday, March 12, 2026*

*Where: 8:00 - 9:00 pm Eastern*

*Who: Any ABS Member leading a Balint Group*

*Cost: \$ 0.00 (Free)*

*In order to ensure that we have adequate time for all to participate and benefit from our discussion, we are limiting attendance to 12 participants. If you register and you're unable to attend, please let us know so we can give your spot to someone else.*

March 16, 2026

**Committee on Intensives Meeting**

02:00 PM - 03:00 PM EST

Kris Wheeler,

kriswheeler2@gmail.com

*This committee meets on the third Monday each month at 2pm Eastern.*

March 20, 2026

**Scholarly Activity Committee**

03:30 PM - 04:30 PM EST

Eddo de Lang,

eddodelang@gmail.com

*This committee meets monthly on the 3rd Friday at 3:30pm Eastern.*

March 20, 2026

**Balint Groups Online Committee**

02:00 PM - 03:00 PM EST

*This committee typically meets monthly on the third Friday at 2pm Eastern/11am Pacific.*

March 23, 2026

**Events Committee**

11:00 AM - 12:00 PM EST

*This committee meets bi-monthly on the fourth Monday of odd months at 11am Eastern/8am Pacific.*

- March 23, 2026 **History & Continuity Committee**  
02:00 PM - 03:00 PM EST  
Barbara Hemmendinger,  
bhemmend@aol.com  
*The History & Continuity Committee meets on the 4th Monday of odd months at 2pm Eastern.*
- March 26, 2026 **Consultation Group for ABS Credentialed Leaders**  
08:00 PM - 09:00 PM EST  
*This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Arnold Goldberg as the facilitator. It generally meets the 4th Thursday of odd months. Attendance qualifies as a Maintenance of Credentialing activity.*  
  
*Reminders and the Zoom link are available on the Credentialed Leaders message board.*
- March 27, 2026 **Diversity Committee**  
12:00 PM - 01:00 PM EST  
*This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.*
- April 3, 2026 **Credentialing Coordinating Committee**  
02:00 PM - 03:00 PM EST  
*The CCC meets monthly on the first Friday at 2pm Eastern.*
- April 6, 2026 **2027 National Meeting Planning Committee**  
01:00 PM - 02:00 PM EST  
*This ad-hoc committee meets monthly on the first Monday at 1pm Eastern.*
- April 9, 2026 **ABS Coffeehouse - Benefits of Advanced Training**  
08:00 PM - 09:00 PM EST  
  
*Save the date! Details about the topic/speaker will be made available soon.*  
  
*The ABS Coffeehouse series is brought to you by the Communications & Marketing Committee as an ABS member benefit.*  
  
<https://us02web.zoom.us/j/89379534315?pwd=QU1JNnd6U2IPNzhkTk1hcDBEZUtnZ09>  
9  
*Meeting ID: 893 7953 4315*  
*Passcode: 602577*
- April 10, 2026 **Communications & Marketing Committee**  
03:00 PM - 04:00 PM EST  
*This committee meets on the second Friday of even months at 3pm Eastern/noon Pacific.*
- April 13, 2026 **Council Meeting**  
02:00 PM - 03:00 PM EST  
*ABS Council meets the second Monday of each month at 2pm Eastern.*

April 17, 2026

**Scholarly Activity Committee**

03:30 PM - 04:30 PM EST

Eddo de Lang,  
eddodelang@gmail.com

*This committee meets monthly on the 3rd Friday at 3:30pm Eastern.*

April 17, 2026

**Balint Groups Online Committee**

02:00 PM - 03:00 PM EST

*This committee typically meets monthly on the third Friday at 2pm Eastern/11am Pacific.*

April 20, 2026

**Committee on Intensives Meeting**

02:00 PM - 03:00 PM EST

Kris Wheeler,  
kriswheeler2@gmail.com

*This committee meets on the third Monday each month at 2pm Eastern.*

April 22, 2026  
- April 25, 2026

## **2026 Spokane Balint Leadership Training Intensive**

Please See Daily Schedule

*The four-day Intensive course is designed to teach Balint group leadership technique primarily through experiential groups, supplemented by topic-focused small discussion groups and faculty panel discussions. Attendees will have ample time to present cases, practice leading a Balint group, and engage informally with other participants.*

*The Spokane Leadership Intensive course is appropriate for clinicians new to the Balint Group method as well as experienced Balint Group leaders. The course is well-suited to those who are currently leading, expect to lead in the future, or are seeking a better understanding of Balint groups. The curriculum is appropriate for physicians (primary care, psychiatry, other specialists), psychologists, social workers, other mental health care providers, veterinarians, and pastoral care providers.*

### **Course Details**

*Because group cohesiveness affects participants' experience of the course, registrants are required to commit to attending all sessions and to attending each session in its entirety. Please do not plan to arrive late, leave early or miss sessions.*

*The Balint Leadership Intensive is a training course and is not intended as therapy. Nevertheless, Balint Group work can sometimes stir up strong feelings. Prospective registrants who are experiencing a particularly vulnerable period in their lives may want to consider participating in this training at a later date.*

### **Course Schedule**

*The conference will be held at the Ruby River Hotel where hometown hospitality and peaceful river views greet every guest. Located on the Spokane River with easy access to the Centennial Trail and Riverfront Park, perfect for a leisurely walk or bike ride.*

April 22, 2026

### **MetaSupervision Group Consultation**

03:00 PM - 04:00 PM EST

*This consultation for supervisors is provided by the CCC - this is a rescheduling of the December 2024 meeting.*

April 24, 2026

### **Diversity Committee**

12:00 PM - 01:00 PM EST

*This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.*

April 27, 2026

### **Consultation Group for ABS Credentialed Leaders**

02:00 PM - 03:00 PM EST

*This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Paul Scott as the facilitator. It generally meets the 4th Monday of even months. Attendance qualifies as a Maintenance of Credentialing activity.*

*Reminders and the Zoom link are available on the Credentialed Leaders message board.*

May 1, 2026  
- May 3, 2026

### **2026 Healing, Mindfulness & Compassion Retreat**

Please See Event Schedule

*Health care professionals are invited to attend the Healing, Mindfulness and Compassion Retreat at the beautiful and tranquil Ratna Ling Conference Center in the Redwoods of Sonoma County, California. The weekend conference combines Eastern and Western approaches to healing: Tibetan Yoga and Meditation as well as Balint sessions that address the complex emotional landscape of the clinician-patient relationship. The Balint group format is an empathy-enhancing practice to strengthen treatment alliances, improve care delivery, increase practitioner resilience and decrease professional isolation. Further context on the neuroscience of compassion and its importance in the provision of effective service will increase understanding of the connection between practitioners' self-care and the care they are able to offer others. The accommodations and architecture are exquisite and the weekend is educational, restful, and rejuvenating.*

#### **Cancellation Policy**

*Registrants wishing to cancel their registration must do so in writing by the cancellation deadline of March 12, 2026. For cancellations received by the cancellation date, \$100 of the registration fee will be withheld for administrative fees and the refund will be issued within 30 days of acknowledgment of the cancellation. For cancellations received after the cancellation date, no refunds will be available.*

*Complete Event Details*

May 1, 2026

### **Credentialing Coordinating Committee**

02:00 PM - 03:00 PM EST

*The CCC meets monthly on the first Friday at 2pm Eastern.*

May 4, 2026

### **2027 National Meeting Planning Committee**

01:00 PM - 02:00 PM EST

*This ad-hoc committee meets monthly on the first Monday at 1pm Eastern.*

May 11, 2026

### **Council Meeting**

02:00 PM - 03:00 PM EST

*ABS Council meets the second Monday of each month at 2pm Eastern.*

May 15, 2026

### **Scholarly Activity Committee**

03:30 PM - 04:30 PM EST

Eddo de Lang,  
eddodelang@gmail.com

*This committee meets monthly on the 3rd Friday at 3:30pm Eastern.*

May 15, 2026

### **Balint Groups Online Committee**

02:00 PM - 03:00 PM EST

*This committee typically meets monthly on the third Friday at 2pm Eastern/11am Pacific.*

May 18, 2026

### **Committee on Intensives Meeting**

02:00 PM - 03:00 PM EST

Kris Wheeler,  
kriswheeler2@gmail.com

*This committee meets on the third Monday each month at 2pm Eastern.*

- May 22, 2026      **Diversity Committee**  
12:00 PM - 01:00 PM EST  
*This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.*
- May 25, 2026      **Events Committee**  
11:00 AM - 12:00 PM EST  
*This committee meets bi-monthly on the fourth Monday of odd months at 11am Eastern/8am Pacific.*
- May 25, 2026      **History & Continuity Committee**  
02:00 PM - 03:00 PM EST  
Barbara Hemmendinger,  
bhemmend@aol.com  
*The History & Continuity Committee meets on the 4th Monday of odd months at 2pm Eastern.*
- May 28, 2026      **Consultation Group for ABS Credentialed Leaders**  
08:00 PM - 09:00 PM EST  
*This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Arnold Goldberg as the facilitator. It generally meets the 4th Thursday of odd months. Attendance qualifies as a Maintenance of Credentialing activity.*
- Reminders and the Zoom link are available on the Credentialed Leaders message board.*
- June 1, 2026      **2027 National Meeting Planning Committee**  
01:00 PM - 02:00 PM EST  
*This ad-hoc committee meets monthly on the first Monday at 1pm Eastern.*
- June 5, 2026      **Credentialing Coordinating Committee**  
02:00 PM - 03:00 PM EST  
*The CCC meets monthly on the first Friday at 2pm Eastern.*
- June 8, 2026      **Council Meeting**  
02:00 PM - 03:00 PM EST  
*ABS Council meets the second Monday of each month at 2pm Eastern.*
- June 12, 2026      **Communications & Marketing Committee**  
03:00 PM - 04:00 PM EST  
*This committee meets on the second Friday of even months at 3pm Eastern/noon Pacific.*
- June 15, 2026      **Committee on Intensives Meeting**  
02:00 PM - 03:00 PM EST  
Kris Wheeler,  
kriswheeler2@gmail.com  
*This committee meets on the third Monday each month at 2pm Eastern.*
- June 19, 2026      **Scholarly Activity Committee**  
03:30 PM - 04:30 PM EST  
Eddo de Lang,  
eddodelang@gmail.com  
*This committee meets monthly on the 3rd Friday at 3:30pm Eastern.*

- June 19, 2026 **Balint Groups Online Committee**  
02:00 PM - 03:00 PM EST  
*This committee typically meets monthly on the third Friday at 2pm Eastern/11am Pacific.*
- June 22, 2026 **Consultation Group for ABS Credentialed Leaders**  
02:00 PM - 03:00 PM EST  
*This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Paul Scott as the facilitator. It generally meets the 4th Monday of even months. Attendance qualifies as a Maintenance of Credentialing activity.*  
  
*Reminders and the Zoom link are available on the Credentialed Leaders message board.*
- June 24, 2026 **MetaSupervision Group Consultation**  
03:00 PM - 04:00 PM EST  
*This consultation for supervisors is provided by the CCC - this is a rescheduling of the December 2024 meeting.*
- June 26, 2026 **Diversity Committee**  
12:00 PM - 01:00 PM EST  
*This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.*
- July 3, 2026 **Credentialing Coordinating Committee**  
02:00 PM - 03:00 PM EST  
*The CCC meets monthly on the first Friday at 2pm Eastern.*
- July 6, 2026 **2027 National Meeting Planning Committee**  
01:00 PM - 02:00 PM EST  
*This ad-hoc committee meets monthly on the first Monday at 1pm Eastern.*
- July 9, 2026 **ABS Coffeehouse - Topic TBD**  
08:00 PM - 09:00 PM EST  
  
*Save the date! Details about the topic/speaker will be made available soon.*  
  
*The ABS Coffeehouse series is brought to you by the Communications & Marketing Committee as an ABS member benefit.*  
  
<https://us02web.zoom.us/j/89379534315?pwd=QU1JNnd6U2IPNzhkTk1hcDBEZUtndz09>  
*Meeting ID: 893 7953 4315*  
*Passcode: 602577*
- July 17, 2026 **Scholarly Activity Committee**  
03:30 PM - 04:30 PM EST  
Eddo de Lang,  
eddodelang@gmail.com  
*This committee meets monthly on the 3rd Friday at 3:30pm Eastern.*

- July 17, 2026      **Balint Groups Online Committee**  
02:00 PM - 03:00 PM EST  
*This committee typically meets monthly on the third Friday at 2pm Eastern/11am Pacific.*
- July 20, 2026      **Committee on Intensives Meeting**  
02:00 PM - 03:00 PM EST  
Kris Wheeler,  
kriswheeler2@gmail.com  
*This committee meets on the third Monday each month at 2pm Eastern.*
- July 23, 2026      **Consultation Group for ABS Credentialed Leaders**  
08:00 PM - 09:00 PM EST  
*This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Arnold Goldberg as the facilitator. It generally meets the 4th Thursday of odd months. Attendance qualifies as a Maintenance of Credentialing activity.*  
  
*Reminders and the Zoom link are available on the Credentialed Leaders message board.*
- July 24, 2026      **Diversity Committee**  
12:00 PM - 01:00 PM EST  
*This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.*
- July 27, 2026      **Events Committee**  
11:00 AM - 12:00 PM EST  
*This committee meets bi-monthly on the fourth Monday of odd months at 11am Eastern/8am Pacific.*
- July 27, 2026      **History & Continuity Committee**  
02:00 PM - 03:00 PM EST  
Barbara Hemmendinger,  
bhemmend@aol.com  
*The History & Continuity Committee meets on the 4th Monday of odd months at 2pm Eastern.*
- August 3, 2026      **2027 National Meeting Planning Committee**  
01:00 PM - 02:00 PM EST  
*This ad-hoc committee meets monthly on the first Monday at 1pm Eastern.*
- August 7, 2026      **Credentialing Coordinating Committee**  
02:00 PM - 03:00 PM EST  
*The CCC meets monthly on the first Friday at 2pm Eastern.*
- August 10, 2026      **Council Meeting**  
02:00 PM - 03:00 PM EST  
*ABS Council meets the second Monday of each month at 2pm Eastern.*

August 14, 2026	<p><b>Communications &amp; Marketing Committee</b>  03:00 PM - 04:00 PM EST  <i>This committee meets on the second Friday of even months at 3pm Eastern/noon Pacific.</i></p>
August 17, 2026	<p><b>Committee on Intensives Meeting</b>  02:00 PM - 03:00 PM EST  Kris Wheeler,  kriswheeler2@gmail.com  <i>This committee meets on the third Monday each month at 2pm Eastern.</i></p>
August 21, 2026	<p><b>Scholarly Activity Committee</b>  03:30 PM - 04:30 PM EST  Eddo de Lang,  eddodelang@gmail.com  <i>This committee meets monthly on the 3rd Friday at 3:30pm Eastern.</i></p>
August 21, 2026	<p><b>Balint Groups Online Committee</b>  02:00 PM - 03:00 PM EST  <i>This committee typically meets monthly on the third Friday at 2pm Eastern/11am Pacific.</i></p>
August 24, 2026	<p><b>Consultation Group for ABS Credentialed Leaders</b>  02:00 PM - 03:00 PM EST  <i>This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Paul Scott as the facilitator. It generally meets the 4th Monday of even months. Attendance qualifies as a Maintenance of Credentialing activity.</i></p> <p><i>Reminders and the Zoom link are available on the Credentialed Leaders message board.</i></p>
August 26, 2026	<p><b>MetaSupervision Group Consultation</b>  03:00 PM - 04:00 PM EST  <i>This consultation for supervisors is provided by the CCC - this is a rescheduling of the December 2024 meeting.</i></p>
August 28, 2026	<p><b>Diversity Committee</b>  12:00 PM - 01:00 PM EST  <i>This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.</i></p>
September 4, 2026	<p><b>Credentialing Coordinating Committee</b>  02:00 PM - 03:00 PM EST  <i>The CCC meets monthly on the first Friday at 2pm Eastern.</i></p>
September 4, 2026	<p><b>Credentialing Coordinating Committee</b>  02:00 PM - 03:00 PM EST  <i>The CCC meets monthly on the first Friday at 2pm Eastern.</i></p>

- September 7, 2026      **2027 National Meeting Planning Committee**  
01:00 PM - 02:00 PM EST  
*This ad-hoc committee meets monthly on the first Monday at 1pm Eastern.*
- September 14, 2026      **Council Meeting**  
02:00 PM - 03:00 PM EST  
*ABS Council meets the second Monday of each month at 2pm Eastern.*
- September 18, 2026      **Scholarly Activity Committee**  
03:30 PM - 04:30 PM EST  
Eddo de Lang,  
eddodelang@gmail.com  
*This committee meets monthly on the 3rd Friday at 3:30pm Eastern.*
- September 18, 2026      **Balint Groups Online Committee**  
02:00 PM - 03:00 PM EST  
*This committee typically meets monthly on the third Friday at 2pm Eastern/11am Pacific.*
- September 21, 2026      **Committee on Intensives Meeting**  
02:00 PM - 03:00 PM EST  
Kris Wheeler,  
kriswheeler2@gmail.com  
*This committee meets on the third Monday each month at 2pm Eastern.*
- September 24, 2026      **Consultation Group for ABS Credentialed Leaders**  
08:00 PM - 09:00 PM EST  
*This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Arnold Goldberg as the facilitator. It generally meets the 4th Thursday of odd months. Attendance qualifies as a Maintenance of Credentialing activity.*  
  
*Reminders and the Zoom link are available on the Credentialed Leaders message board.*
- September 25, 2026      **Diversity Committee**  
12:00 PM - 01:00 PM EST  
*This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.*
- September 28, 2026      **Events Committee**  
11:00 AM - 12:00 PM EST  
*This committee meets bi-monthly on the fourth Monday of odd months at 11am Eastern/8am Pacific.*
- September 28, 2026      **History & Continuity Committee**  
02:00 PM - 03:00 PM EST  
Barbara Hemmendinger,  
bhemmend@aol.com  
*The History & Continuity Committee meets on the 4th Monday of odd months at 2pm Eastern.*
- October 2, 2026      **Credentialing Coordinating Committee**  
02:00 PM - 03:00 PM EST  
*The CCC meets monthly on the first Friday at 2pm Eastern.*

- October 5, 2026      **2027 National Meeting Planning Committee**  
 01:00 PM - 02:00 PM EST  
*This ad-hoc committee meets monthly on the first Monday at 1pm Eastern.*
- October 8, 2026      **ABS Coffeehouse - 2027 National Meeting**  
 08:00 PM - 09:00 PM EST
- Save the date! Details about the topic/speaker will be made available soon.*
- The ABS Coffeehouse series is brought to you by the Communications & Marketing Committee as an ABS member benefit.*
- <https://us02web.zoom.us/j/89379534315?pwd=QU1JNnd6U2IPNzhkTk1hcDBEZUtnZ09>  
 Meeting ID: 893 7953 4315  
 Passcode: 602577
- October 9, 2026      **Communications & Marketing Committee**  
 03:00 PM - 04:00 PM EST  
*This committee meets on the second Friday of even months at 3pm Eastern/noon Pacific.*
- October 12, 2026      **Council Meeting**  
 02:00 PM - 03:00 PM EST  
*ABS Council meets the second Monday of each month at 2pm Eastern.*
- October 16, 2026      **Scholarly Activity Committee**  
 03:30 PM - 04:30 PM EST  
 Eddo de Lang,  
 eddodelang@gmail.com  
*This committee meets monthly on the 3rd Friday at 3:30pm Eastern.*
- October 16, 2026      **Balint Groups Online Committee**  
 02:00 PM - 03:00 PM EST  
*This committee typically meets monthly on the third Friday at 2pm Eastern/11am Pacific.*
- October 19, 2026      **Committee on Intensives Meeting**  
 02:00 PM - 03:00 PM EST  
 Kris Wheeler,  
 kriswheeler2@gmail.com  
*This committee meets on the third Monday each month at 2pm Eastern.*
- October 23, 2026      **Diversity Committee**  
 12:00 PM - 01:00 PM EST  
*This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.*

October 26, 2026	<p><b>Consultation Group for ABS Credentialed Leaders</b>  02:00 PM - 03:00 PM EST  <i>This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Paul Scott as the facilitator. It generally meets the 4th Monday of even months. Attendance qualifies as a Maintenance of Credentialing activity.</i></p> <p><i>Reminders and the Zoom link are available on the Credentialed Leaders message board.</i></p>
October 28, 2026	<p><b>MetaSupervision Group Consultation</b>  03:00 PM - 04:00 PM EST  <i>This consultation for supervisors is provided by the CCC - this is a rescheduling of the December 2024 meeting.</i></p>
November 2, 2026	<p><b>2027 National Meeting Planning Committee</b>  01:00 PM - 02:00 PM EST  <i>This ad-hoc committee meets monthly on the first Monday at 1pm Eastern.</i></p>
November 6, 2026	<p><b>Credentialing Coordinating Committee</b>  02:00 PM - 03:00 PM EST  <i>The CCC meets monthly on the first Friday at 2pm Eastern.</i></p>
November 9, 2026	<p><b>Council Meeting</b>  02:00 PM - 03:00 PM EST  <i>ABS Council meets the second Monday of each month at 2pm Eastern.</i></p>
November 16, 2026	<p><b>Committee on Intensives Meeting</b>  02:00 PM - 03:00 PM EST  Kris Wheeler,  kriswheeler2@gmail.com  <i>This committee meets on the third Monday each month at 2pm Eastern.</i></p>
November 20, 2026	<p><b>Scholarly Activity Committee</b>  03:30 PM - 04:30 PM EST  Eddo de Lang,  eddodelang@gmail.com  <i>This committee meets monthly on the 3rd Friday at 3:30pm Eastern.</i></p>
November 20, 2026	<p><b>Balint Groups Online Committee</b>  02:00 PM - 03:00 PM EST  <i>This committee typically meets monthly on the third Friday at 2pm Eastern/11am Pacific.</i></p>
November 23, 2026	<p><b>Events Committee</b>  11:00 AM - 12:00 PM EST  <i>This committee meets bi-monthly on the fourth Monday of odd months at 11am Eastern/8am Pacific.</i></p>
November 23, 2026	<p><b>History &amp; Continuity Committee</b>  02:00 PM - 03:00 PM EST  Barbara Hemmendinger,  bhemmend@aol.com  <i>The History &amp; Continuity Committee meets on the 4th Monday of odd months at 2pm Eastern.</i></p>

November 27, 2026	<b>Diversity Committee</b> 12:00 PM - 01:00 PM EST <i>This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.</i>
December 4, 2026	<b>Credentialing Coordinating Committee</b> 02:00 PM - 03:00 PM EST <i>The CCC meets monthly on the first Friday at 2pm Eastern.</i>
December 7, 2026	<b>2027 National Meeting Planning Committee</b> 01:00 PM - 02:00 PM EST <i>This ad-hoc committee meets monthly on the first Monday at 1pm Eastern.</i>
December 11, 2026	<b>Communications &amp; Marketing Committee</b> 03:00 PM - 04:00 PM EST <i>This committee meets on the second Friday of even months at 3pm Eastern/noon Pacific.</i>
December 14, 2026	<b>Council Meeting</b> 02:00 PM - 03:00 PM EST <i>ABS Council meets the second Monday of each month at 2pm Eastern.</i>
December 18, 2026	<b>Scholarly Activity Committee</b> 03:30 PM - 04:30 PM EST Eddo de Lang, eddelang@gmail.com <i>This committee meets monthly on the 3rd Friday at 3:30pm Eastern.</i>
December 18, 2026	<b>Balint Groups Online Committee</b> 02:00 PM - 03:00 PM EST <i>This committee typically meets monthly on the third Friday at 2pm Eastern/11am Pacific.</i>
December 21, 2026	<b>Committee on Intensives Meeting</b> 02:00 PM - 03:00 PM EST Kris Wheeler, kriswheeler2@gmail.com <i>This committee meets on the third Monday each month at 2pm Eastern.</i>
December 23, 2026	<b>MetaSupervision Group Consultation</b> 03:00 PM - 04:00 PM EST <i>This consultation for supervisors is provided by the CCC - this is a rescheduling of the December 2024 meeting.</i>
December 28, 2026	<b>Consultation Group for ABS Credentialed Leaders</b> 02:00 PM - 03:00 PM EST <i>This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Paul Scott as the facilitator. It generally meets the 4th Monday of even months. Attendance qualifies as a Maintenance of Credentialing activity.</i>  <i>Reminders and the Zoom link are available on the Credentialed Leaders message board.</i>