

Calendar of Events

- December 27, 2024 **Diversity Committee**
12:00 PM - 01:00 PM EST
This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.
- December 30, 2024 **Consultation Group for Credentialed Leaders with Paul Scott**
02:00 PM - 03:00 PM EST
Paul Scott,
paul.cp1@gmail.com
This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Paul Scott as the facilitator. It generally meets the 4th Monday of even months. Attendance qualifies as a Maintenance of Credentialing activity.
- January 8, 2025 **MetaSupervision Group Consultation**
03:00 PM - 04:00 PM EST
This consultation for supervisors is provided by the CCC - this is a rescheduling of the December 2024 meeting.

January 11, 2025

Balint Group Online with Eddo de Lang & Darlene Lawrence

11:00 AM - 12:00 PM EST

Leaders facilitating the group: Eddo de Lang, MD, and Darlene Lawrence, MD

Time: 11:00am - 12:00pm Eastern Time/8:00am - 9:am Pacific

Number of meetings and Dates: Eight (8) monthly meetings on the second Saturday: January 11, February 8, March 8, April 12 May 10, June 14, July 12, and August 9, 2025.

Cancellation Policy:

If cancelled by the ABS or hosts due to insufficient registrants, those registered will receive their money back. Otherwise, no return of fee is possible, including in the event of registrant's partial attendance or inability to complete the sequence of sessions.

- 1. Registrants must be clinically active and willing to present cases.*
- 2. Balint work can stir strong emotions. If the registrant is at an unusually stressful period in their life, we recommend they sign up at another time.*
- 3. Because the success of the group depends in part on cohesion, steady attendance matters. Registrants must intend to attend all sessions of the group.*

Target Audience

This series is appropriate for clinicians new to the Balint Group method as well as experienced Balint Group leaders. Suitable for those in active practice including physicians (primary care, psychiatry, other specialists), nurse practitioners, psychologists, social workers, and others.

Accreditation

The AAFP has reviewed Balint Group - Decreasing Isolation with Peer Consultation, and deemed it acceptable for AAFP credit.

AMA/AAFP Equivalency: AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 Credit toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

The American Balint Society is approved by the American Psychological Association to sponsor continuing education for psychologists. The American Balint Society maintains responsibility for this program and its content.

January 17, 2025

Balint Groups Online Committee

02:00 PM - 03:00 PM EST

This committee meets monthly on the third Friday of every month at 2pm Eastern/11am Pacific.

February 11, 2025

Online Balint Group with Lisa Buck & Albert Lichtenstein

07:00 PM - 08:00 PM EST

Leaders: Lisa Buck, MD and Albert Lichtenstein, PhD

Time: 7:00pm - 8:00pm Eastern Time/4:00pm - 5:00pm Pacific Time

Number of meetings and Dates: Ten (10) monthly meetings on the following Tuesdays: February 11, March 11, April 8, May 13, June 10, July 8, August 12, Sept 9, October 14, and November 11, 2025.

Fee:

\$250 for ABS Members

\$400 for non-members

Cancellation Policy:

If canceled by the ABS or hosts due to insufficient registrants, those registered will receive their money back. Otherwise, no return of fee is possible, including in the event of registrant's partial attendance or inability to complete the sequence of sessions.

- 1. Registrants must be clinically active and willing to present cases.*
- 2. Balint work can stir strong emotions. If the registrant is at an unusually stressful period in their life, we recommend they sign up at another time.*
- 3. Because the success of the group depends in part on cohesion, steady attendance matters. Registrants must intend to attend all sessions of the group.*

Target Audience

This series is appropriate for clinicians new to the Balint Group method as well as experienced Balint Group leaders. Suitable for those in active practice including physicians (primary care, psychiatry, other specialists), nurse practitioners, psychologists, social workers, and others.

Accreditation

The AAFP has reviewed Balint Group - Decreasing Isolation with Peer Consultation, and deemed it acceptable for AAFP credit.

AMA/AAFP Equivalency: AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 Credit toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

The American Balint Society is approved by the American Psychological Association to sponsor continuing education for psychologists. The American Balint Society maintains responsibility for this program and its content.

More Information

Grievance Policy:

Any concerns should be brought to the attention of Rebekah Schiefer, Committee Chair.

ABS Grievance Policy

February 21, 2025

Balint Groups Online Committee

02:00 PM - 03:00 PM EST

This committee meets monthly on the third Friday of every month at 2pm Eastern/11am Pacific.

- February 24, 2025 **Consultation Group for Credentialed Leaders with Paul Scott**
02:00 PM - 03:00 PM EST
Paul Scott,
paul.cp1@gmail.com
This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Paul Scott as the facilitator. It generally meets the 4th Monday of even months. Attendance qualifies as a Maintenance of Credentialing activity.
- February 26, 2025 **MetaSupervision Group Consultation**
03:00 PM - 04:00 PM EST
This consultation for supervisors is provided by the CCC and meets on the fourth Wednesday of even months at 3pm ET.
- March 21, 2025 **Balint Groups Online Committee**
02:00 PM - 03:00 PM EST
This committee meets monthly on the third Friday of every month at 2pm Eastern/11am Pacific.
- April 18, 2025 **Balint Groups Online Committee**
02:00 PM - 03:00 PM EST
This committee meets monthly on the third Friday of every month at 2pm Eastern/11am Pacific.
- April 23, 2025 **2025 Spokane Balint Leadership Training Intensive**
- April 26, 2025 Please See Daily Schedule for Times
- April 23, 2025 **MetaSupervision Group Consultation**
03:00 PM - 04:00 PM EST
This consultation for supervisors is provided by the CCC and meets on the fourth Wednesday of even months at 3pm ET.
- April 28, 2025 **Consultation Group for Credentialed Leaders with Paul Scott**
02:00 PM - 03:00 PM EST
Paul Scott,
paul.cp1@gmail.com
This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Paul Scott as the facilitator. It generally meets the 4th Monday of even months. Attendance qualifies as a Maintenance of Credentialing activity.

May 2, 2025
- May 4, 2025

Healing, Mindfulness & Compassion: A Balint Retreat Weekend
Ratna Ling Retreat Center
35755 Hauser Bridge Rd
Cazadero, CA 95421

Please See Schedule for Event Times

Ritch Addison,
raddison@sonic.net

Health care professionals are invited to attend the Healing, Mindfulness and Compassion Retreat at the beautiful and tranquil Ratna Ling Conference Center in the Redwoods of Sonoma County, California. The weekend conference combines Eastern and Western approaches to healing: Tibetan Yoga and Meditation as well as Balint sessions that address the complex emotional landscape of the clinician-patient relationship. The Balint group format is an empathy-enhancing practice to strengthen treatment alliances, improve care delivery, increase practitioner resilience and decrease professional isolation. Further context on the neuroscience of compassion and its importance in the provision of effective service will increase understanding of the connection between practitioners' self-care and the care they are able to offer others. The accommodations and architecture are exquisite and the weekend is educational, restful, and rejuvenating.

Cancellation Policy

Registrants wishing to cancel their registration must do so in writing by the cancellation deadline of March 14, 2025. For cancellations received by the cancellation date, \$100 of the registration fee will be withheld for administrative fees and the refund will be issued within 30 days of acknowledgment of the cancellation. For cancellations received after the cancellation date, no refunds will be available.

Complete Event Details

May 16, 2025

Balint Groups Online Committee

02:00 PM - 03:00 PM EST

This committee meets monthly on the third Friday of every month at 2pm Eastern/11am Pacific.

June 20, 2025

Balint Groups Online Committee

02:00 PM - 03:00 PM EST

This committee meets monthly on the third Friday of every month at 2pm Eastern/11am Pacific.

June 23, 2025

Consultation Group for Credentialed Leaders with Paul Scott

02:00 PM - 03:00 PM EST

Paul Scott,
paul.cp1@gmail.com

This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Paul Scott as the facilitator. It generally meets the 4th Monday of even months. Attendance qualifies as a Maintenance of Credentialing activity.

June 25, 2025

MetaSupervision Group Consultation

03:00 PM - 04:00 PM EST

This consultation for supervisors is provided by the CCC and meets on the fourth Wednesday of even months at 3pm ET.

July 18, 2025

Balint Groups Online Committee

02:00 PM - 03:00 PM EST

This committee meets monthly on the third Friday of every month at 2pm Eastern/11am Pacific.

August 15, 2025

Balint Groups Online Committee

02:00 PM - 03:00 PM EST

This committee meets monthly on the third Friday of every month at 2pm Eastern/11am Pacific.

August 25, 2025

Consultation Group for Credentialed Leaders with Paul Scott

02:00 PM - 03:00 PM EST

Paul Scott,
paul.cp1@gmail.com

This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Paul Scott as the facilitator. It generally meets the 4th Monday of even months. Attendance qualifies as a Maintenance of Credentialing activity.

August 27, 2025

MetaSupervision Group Consultation

03:00 PM - 04:00 PM EST

This consultation for supervisors is provided by the CCC and meets on the fourth Wednesday of even months at 3pm ET.

September 4, 2025
- September 7, 2025

2025 Charleston Balint Leadership Training Intensive

Please See Daily Schedule

The four-day Intensive course is designed to teach Balint group leadership technique primarily through experiential groups, supplemented by topic-focused small discussion groups and faculty panel discussions. Attendees will have ample time to present cases, practice leading a Balint group, and engage informally with other participants.

The Charleston Leadership Intensive course is appropriate for clinicians new to the Balint Group method as well as experienced Balint Group leaders. The course is well-suited to those who are currently leading, expect to lead in the future, or are seeking a better understanding of Balint groups. The curriculum is appropriate for physicians (primary care, psychiatry, other specialists), psychologists, social workers, other mental health care providers, veterinarians, and pastoral care providers.

Course Details

Cancellation Policy

Registrants wishing to cancel their registration must do so in writing by the cancellation deadline of July 7, 2025. For cancellations received by the cancellation date, \$100 of the registration fee will be withheld for administrative fees and the refund will occur within 30 days of acknowledgment of cancellation. For cancellations received after the deadline, no refunds will be available.

ABS Grievance Policy

Any concerns should be brought to the attention of the Course Directors, Alec Chessman, chessman@musc.edu or Allison Bickett, allison.bickett@atriumhealth.org

ABS Grievance Policy

September 19, 2025

Balint Groups Online Committee

02:00 PM - 03:00 PM EST

This committee meets monthly on the third Friday of every month at 2pm Eastern/11am Pacific.

October 17, 2025

Balint Groups Online Committee

02:00 PM - 03:00 PM EST

This committee meets monthly on the third Friday of every month at 2pm Eastern/11am Pacific.

October 22, 2025

MetaSupervision Group Consultation

03:00 PM - 04:00 PM EST

This consultation for supervisors is provided by the CCC and meets on the fourth Wednesday of even months at 3pm ET.

October 27, 2025

Consultation Group for Credentialed Leaders with Paul Scott

02:00 PM - 03:00 PM EST

Paul Scott,
paul.cp1@gmail.com

This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Paul Scott as the facilitator. It generally meets the 4th Monday of even months. Attendance qualifies as a Maintenance of Credentialing activity.

November 21, 2025

Balint Groups Online Committee

02:00 PM - 03:00 PM EST

This committee meets monthly on the third Friday of every month at 2pm Eastern/11am Pacific.

December 19, 2025

Balint Groups Online Committee

02:00 PM - 03:00 PM EST

This committee meets monthly on the third Friday of every month at 2pm Eastern/11am Pacific.

December 22, 2025

Consultation Group for Credentialed Leaders with Paul Scott

02:00 PM - 03:00 PM EST

Paul Scott,
paul.cp1@gmail.com

This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Paul Scott as the facilitator. It generally meets the 4th Monday of even months. Attendance qualifies as a Maintenance of Credentialing activity.