

Calendar of Events

admin@americanbalintsociety.org

February 11, 2025

Online Balint Group with Lisa Buck & Albert Lichtenstein

07:00 PM - 08:00 PM EST

Leaders: Lisa Buck, MD and Albert Lichtenstein, PhD

Time: 7:00pm - 8:00pm Eastern Time/4:00pm - 5:00pm Pacific Time

Number of meetings and Dates: Ten (10) monthly meetings on the following Tuesdays: February 11, March 11, April 8, May 13, June 10, July 8, August 12, Sept 9, October 14, and November 11, 2025.

Fee:

\$250 for ABS Members

\$400 for non-members

Cancellation Policy:

If canceled by the ABS or hosts due to insufficient registrants, those registered will receive their money back. Otherwise, no return of fee is possible, including in the event of registrant's partial attendance or inability to complete the sequence of sessions.

- 1. Registrants must be clinically active and willing to present cases.*
- 2. Balint work can stir strong emotions. If the registrant is at an unusually stressful period in their life, we recommend they sign up at another time.*
- 3. Because the success of the group depends in part on cohesion, steady attendance matters. Registrants must intend to attend all sessions of the group.*

Target Audience

This series is appropriate for clinicians new to the Balint Group method as well as experienced Balint Group leaders. Suitable for those in active practice including physicians (primary care, psychiatry, other specialists), nurse practitioners, psychologists, social workers, and others.

Accreditation

The AAFP has reviewed Balint Group - Decreasing Isolation with Peer Consultation, and deemed it acceptable for AAFP credit.

AMA/AAFP Equivalency: AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 Credit toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

The American Balint Society is approved by the American Psychological Association to sponsor continuing education for psychologists. The American Balint Society maintains responsibility for this program and its content.

More Information

Grievance Policy:

Any concerns should be brought to the attention of Rebekah Schiefer, Committee Chair.

ABS Grievance Policy

- February 14, 2025 **Communications & Marketing Committee**
03:00 PM - 04:00 PM EST
This committee meets on the second Friday of even months at 3pm Eastern/noon Pacific.
- February 17, 2025 **Committee on Intensives Meeting**
02:00 PM - 03:00 PM EST
This committee meets on the third Monday each month at 2pm Eastern.
- February 21, 2025 **Balint Groups Online Committee**
02:00 PM - 03:00 PM EST
This committee meets monthly on the third Friday of every month at 2pm Eastern/11am Pacific.
- February 24, 2025 **Consultation Group for Credentialed Leaders with Paul Scott**
02:00 PM - 03:00 PM EST
Paul Scott,
paul.cp1@gmail.com
This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Paul Scott as the facilitator. It generally meets the 4th Monday of even months. Attendance qualifies as a Maintenance of Credentialing activity.
- February 24, 2025 **Events Committee**
11:00 AM - 12:00 PM EST
Meets the Fourth Friday of each month.
- February 26, 2025 **MetaSupervision Group Consultation**
03:00 PM - 04:00 PM EST
This consultation for supervisors is provided by the CCC and meets on the fourth Wednesday of even months at 3pm ET.
- February 28, 2025 **Scholarly Activity Committee**
03:00 PM - 04:00 PM EST
Meets the 4th Friday of every month at 3pm Eastern.
- February 28, 2025 **Diversity Committee**
12:00 PM - 01:00 PM EST
This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.
- March 7, 2025 **Credentialing Coordinating Committee**
02:00 PM - 03:00 PM EST
The CCC meets monthly on the first Friday at 2pm Eastern.
- March 17, 2025 **Committee on Intensives Meeting**
02:00 PM - 03:00 PM EST
This committee meets on the third Monday each month at 2pm Eastern.
- March 21, 2025 **Balint Groups Online Committee**
02:00 PM - 03:00 PM EST
This committee meets monthly on the third Friday of every month at 2pm Eastern/11am Pacific.

- March 24, 2025 **Events Committee**
11:00 AM - 12:00 PM EST
Meets the Fourth Friday of each month.
- March 24, 2025 **History & Continuity Committee**
02:00 PM - 03:00 PM EST
Meets the 4th Monday of ODD months at 2pm Eastern.
- March 27, 2025 **Consultation Group for Credentialed Leaders with Frank Dornfest**
08:00 PM - 09:00 PM EST
This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Frank Dornfest as the facilitator. It generally meets the 4th Thursday of odd months. Exception: November the fourth Thursday falls on Thanksgiving, so the meeting will take place on the third Thursday. Attendance qualifies as a Maintenance of Credentialing activity.
- March 28, 2025 **Scholarly Activity Committee**
03:00 PM - 04:00 PM EST
Meets the 4th Friday of every month at 3pm Eastern.
- March 28, 2025 **Diversity Committee**
12:00 PM - 01:00 PM EST
This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.
- April 4, 2025 **Credentialing Coordinating Committee**
02:00 PM - 03:00 PM EST
The CCC meets monthly on the first Friday at 2pm Eastern.

April 8, 2025

Online Balint Group with Frank Dornfest & Connie Hixson

07:00 PM - 08:00 PM EST

Leaders: Frank Dornfest, MD, and Connie Hixson, MD

Time: 7:00pm - 8:00pm Eastern Time/4:00pm - 5:00pm Pacific Time

Number of meetings and Dates: Ten (10) monthly meetings on the following Tuesdays:

April 8, May 13, June 10, July 8, August 12, September 9, October 14, November 11, December 9, 2025 and January 13, 2026.

Fee:

\$250 for ABS Members

\$400 for non-members

Cancellation Policy:

If canceled by the ABS or hosts due to insufficient registrants, those registered will receive their money back. Otherwise, no return of fee is possible, including in the event of registrant's partial attendance or inability to complete the sequence of sessions.

- 1. Registrants must be clinically active and willing to present cases.*
- 2. Balint work can stir strong emotions. If the registrant is at an unusually stressful period in their life, we recommend they sign up at another time.*
- 3. Because the success of the group depends in part on cohesion, steady attendance matters. Registrants must intend to attend all sessions of the group.*

Target Audience

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Accreditation

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AMA/AAFP Equivalency: AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 Credit toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

The American Balint Society is approved by the American Psychological Association to sponsor continuing education for psychologists. The American Balint Society maintains responsibility for this program and its content.

More Information

Grievance Policy:

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ABS Grievance Policy

April 11, 2025

Communications & Marketing Committee

03:00 PM - 04:00 PM EST

This committee meets on the second Friday of even months at 3pm Eastern/noon Pacific.

- April 18, 2025 **Balint Groups Online Committee**
02:00 PM - 03:00 PM EST
This committee meets monthly on the third Friday of every month at 2pm Eastern/11am Pacific.
- April 21, 2025 **Committee on Intensives Meeting**
02:00 PM - 03:00 PM EST
This committee meets on the third Monday each month at 2pm Eastern.
- April 23, 2025 **2025 Spokane Balint Leadership Training Intensive**
- April 26, 2025 Please See Daily Schedule for Times
- April 23, 2025 **MetaSupervision Group Consultation**
03:00 PM - 04:00 PM EST
This consultation for supervisors is provided by the CCC and meets on the fourth Wednesday of even months at 3pm ET.
- April 25, 2025 **Scholarly Activity Committee**
03:00 PM - 04:00 PM EST
Meets the 4th Friday of every month at 3pm Eastern.
- April 25, 2025 **Diversity Committee**
12:00 PM - 01:00 PM EST
This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.
- April 28, 2025 **Consultation Group for Credentialed Leaders with Paul Scott**
02:00 PM - 03:00 PM EST
Paul Scott,
paul.cp1@gmail.com
This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Paul Scott as the facilitator. It generally meets the 4th Monday of even months. Attendance qualifies as a Maintenance of Credentialing activity.
- April 28, 2025 **Events Committee**
11:00 AM - 12:00 PM EST
Meets the Fourth Friday of each month.

May 2, 2025
- May 4, 2025

Healing, Mindfulness & Compassion: A Balint Retreat Weekend
Ratna Ling Retreat Center
35755 Hauser Bridge Rd
Cazadero, CA 95421

Please See Schedule for Event Times

Ritch Addison,
raddison@sonic.net

Health care professionals are invited to attend the Healing, Mindfulness and Compassion Retreat at the beautiful and tranquil Ratna Ling Conference Center in the Redwoods of Sonoma County, California. The weekend conference combines Eastern and Western approaches to healing: Tibetan Yoga and Meditation as well as Balint sessions that address the complex emotional landscape of the clinician-patient relationship. The Balint group format is an empathy-enhancing practice to strengthen treatment alliances, improve care delivery, increase practitioner resilience and decrease professional isolation. Further context on the neuroscience of compassion and its importance in the provision of effective service will increase understanding of the connection between practitioners' self-care and the care they are able to offer others. The accommodations and architecture are exquisite and the weekend is educational, restful, and rejuvenating.

Cancellation Policy

Registrants wishing to cancel their registration must do so in writing by the cancellation deadline of March 14, 2025. For cancellations received by the cancellation date, \$100 of the registration fee will be withheld for administrative fees and the refund will be issued within 30 days of acknowledgment of the cancellation. For cancellations received after the cancellation date, no refunds will be available.

Complete Event Details

May 2, 2025

Credentialing Coordinating Committee

02:00 PM - 03:00 PM EST

The CCC meets monthly on the first Friday at 2pm Eastern.

May 16, 2025

Balint Groups Online Committee

02:00 PM - 03:00 PM EST

This committee meets monthly on the third Friday of every month at 2pm Eastern/11am Pacific.

May 19, 2025

Committee on Intensives Meeting

02:00 PM - 03:00 PM EST

This committee meets on the third Monday each month at 2pm Eastern.

May 22, 2025

Consultation Group for Credentialed Leaders with Frank Dornfest

08:00 PM - 09:00 PM EST

This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Frank Dornfest as the facilitator. It generally meets the 4th Thursday of odd months. Exception: November the fourth Thursday falls on Thanksgiving, so the meeting will take place on the third Thursday. Attendance qualifies as a Maintenance of Credentialing activity.

May 23, 2025

Scholarly Activity Committee

03:00 PM - 04:00 PM EST

Meets the 4th Friday of every month at 3pm Eastern.

- May 23, 2025 **Diversity Committee**
12:00 PM - 01:00 PM EST
This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.
- May 26, 2025 **Events Committee**
11:00 AM - 12:00 PM EST
Meets the Fourth Friday of each month.
- May 26, 2025 **History & Continuity Committee**
02:00 PM - 03:00 PM EST
Meets the 4th Monday of ODD months at 2pm Eastern.
- June 6, 2025 **Credentialing Coordinating Committee**
02:00 PM - 03:00 PM EST
The CCC meets monthly on the first Friday at 2pm Eastern.
- June 13, 2025 **Communications & Marketing Committee**
03:00 PM - 04:00 PM EST
This committee meets on the second Friday of even months at 3pm Eastern/noon Pacific.
- June 16, 2025 **Committee on Intensives Meeting**
02:00 PM - 03:00 PM EST
This committee meets on the third Monday each month at 2pm Eastern.
- June 20, 2025 **Balint Groups Online Committee**
02:00 PM - 03:00 PM EST
This committee meets monthly on the third Friday of every month at 2pm Eastern/11am Pacific.
- June 23, 2025 **Consultation Group for Credentialed Leaders with Paul Scott**
02:00 PM - 03:00 PM EST
Paul Scott,
paul.cp1@gmail.com
This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Paul Scott as the facilitator. It generally meets the 4th Monday of even months. Attendance qualifies as a Maintenance of Credentialing activity.
- June 23, 2025 **Events Committee**
11:00 AM - 12:00 PM EST
Meets the Fourth Friday of each month.
- June 25, 2025 **MetaSupervision Group Consultation**
03:00 PM - 04:00 PM EST
This consultation for supervisors is provided by the CCC and meets on the fourth Wednesday of even months at 3pm ET.
- June 27, 2025 **Scholarly Activity Committee**
03:00 PM - 04:00 PM EST
Meets the 4th Friday of every month at 3pm Eastern.

- June 27, 2025 **Diversity Committee**
 12:00 PM - 01:00 PM EST
This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.
- July 4, 2025 **Credentialing Coordinating Committee**
 02:00 PM - 03:00 PM EST
The CCC meets monthly on the first Friday at 2pm Eastern.
- July 8, 2025 **Balint in the Wilderness: Sea Kayaking in Alaska**
 See Schedule for Daily Times
- July 18, 2025 **Balint Groups Online Committee**
 02:00 PM - 03:00 PM EST
This committee meets monthly on the third Friday of every month at 2pm Eastern/11am Pacific.
- July 21, 2025 **Committee on Intensives Meeting**
 02:00 PM - 03:00 PM EST
This committee meets on the third Monday each month at 2pm Eastern.
- July 24, 2025 **Consultation Group for Credentialed Leaders with Frank Dornfest**
 08:00 PM - 09:00 PM EST
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- July 25, 2025 **Scholarly Activity Committee**
 03:00 PM - 04:00 PM EST
Meets the 4th Friday of every month at 3pm Eastern.
- July 25, 2025 **Diversity Committee**
 12:00 PM - 01:00 PM EST
This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.
- July 28, 2025 **Events Committee**
 11:00 AM - 12:00 PM EST
Meets the Fourth Friday of each month.
- July 28, 2025 **History & Continuity Committee**
 02:00 PM - 03:00 PM EST
Meets the 4th Monday of ODD months at 2pm Eastern.
- August 1, 2025 **Credentialing Coordinating Committee**
 02:00 PM - 03:00 PM EST
The CCC meets monthly on the first Friday at 2pm Eastern.
- August 8, 2025 **Communications & Marketing Committee**
 03:00 PM - 04:00 PM EST
This committee meets on the second Friday of even months at 3pm Eastern/noon Pacific.

- August 15, 2025 **Balint Groups Online Committee**
02:00 PM - 03:00 PM EST
This committee meets monthly on the third Friday of every month at 2pm Eastern/11am Pacific.
- August 18, 2025 **Committee on Intensives Meeting**
02:00 PM - 03:00 PM EST
This committee meets on the third Monday each month at 2pm Eastern.
- August 22, 2025 **Scholarly Activity Committee**
03:00 PM - 04:00 PM EST
Meets the 4th Friday of every month at 3pm Eastern.
- August 22, 2025 **Diversity Committee**
12:00 PM - 01:00 PM EST
This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.
- August 25, 2025 **Consultation Group for Credentialed Leaders with Paul Scott**
02:00 PM - 03:00 PM EST
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paul.cp1@gmail.com
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- August 25, 2025 **Events Committee**
11:00 AM - 12:00 PM EST
Meets the Fourth Friday of each month.
- August 27, 2025 **MetaSupervision Group Consultation**
03:00 PM - 04:00 PM EST
This consultation for supervisors is provided by the CCC and meets on the fourth Wednesday of even months at 3pm ET.

September 4, 2025
- September 7, 2025

2025 Charleston Balint Leadership Training Intensive

Please See Daily Schedule

The four-day Intensive course is designed to teach Balint group leadership technique primarily through experiential groups, supplemented by topic-focused small discussion groups and faculty panel discussions. Attendees will have ample time to present cases, practice leading a Balint group, and engage informally with other participants.

The Charleston Leadership Intensive course is appropriate for clinicians new to the Balint Group method as well as experienced Balint Group leaders. The course is well-suited to those who are currently leading, expect to lead in the future, or are seeking a better understanding of Balint groups. The curriculum is appropriate for physicians (primary care, psychiatry, other specialists), psychologists, social workers, other mental health care providers, veterinarians, and pastoral care providers.

Course Details

Cancellation Policy

Registrants wishing to cancel their registration must do so in writing by the cancellation deadline of July 7, 2025. For cancellations received by the cancellation date, \$100 of the registration fee will be withheld for administrative fees and the refund will occur within 30 days of acknowledgment of cancellation. For cancellations received after the deadline, no refunds will be available.

ABS Grievance Policy

Any concerns should be brought to the attention of the Course Directors, Alec Chessman, chessman@musc.edu or Allison Bickett, allison.bickett@atriumhealth.org

ABS Grievance Policy

September 5, 2025

Credentialing Coordinating Committee

02:00 PM - 03:00 PM EST

The CCC meets monthly on the first Friday at 2pm Eastern.

September 15, 2025

Committee on Intensives Meeting

02:00 PM - 03:00 PM EST

This committee meets on the third Monday each month at 2pm Eastern.

September 19, 2025

Balint Groups Online Committee

02:00 PM - 03:00 PM EST

This committee meets monthly on the third Friday of every month at 2pm Eastern/11am Pacific.

September 22, 2025

Events Committee

11:00 AM - 12:00 PM EST

Meets the Fourth Friday of each month.

- September 22, 2025 **History & Continuity Committee**
02:00 PM - 03:00 PM EST
Meets the 4th Monday of ODD months at 2pm Eastern.
- September 25, 2025 **Consultation Group for Credentialed Leaders with Frank Dornfest**
08:00 PM - 09:00 PM EST
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- September 26, 2025 **Scholarly Activity Committee**
03:00 PM - 04:00 PM EST
Meets the 4th Friday of every month at 3pm Eastern.
- September 26, 2025 **Diversity Committee**
12:00 PM - 01:00 PM EST
This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.
- October 3, 2025 **Credentialing Coordinating Committee**
02:00 PM - 03:00 PM EST
The CCC meets monthly on the first Friday at 2pm Eastern.
- October 10, 2025 **Communications & Marketing Committee**
03:00 PM - 04:00 PM EST
This committee meets on the second Friday of even months at 3pm Eastern/noon Pacific.
- October 17, 2025 **Balint Groups Online Committee**
02:00 PM - 03:00 PM EST
This committee meets monthly on the third Friday of every month at 2pm Eastern/11am Pacific.
- October 20, 2025 **Committee on Intensives Meeting**
02:00 PM - 03:00 PM EST
This committee meets on the third Monday each month at 2pm Eastern.
- October 22, 2025 **MetaSupervision Group Consultation**
03:00 PM - 04:00 PM EST
This consultation for supervisors is provided by the CCC and meets on the fourth Wednesday of even months at 3pm ET.
- October 24, 2025 **Scholarly Activity Committee**
03:00 PM - 04:00 PM EST
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12:00 PM - 01:00 PM EST
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02:00 PM - 03:00 PM EST
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02:00 PM - 03:00 PM EST
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- November 28, 2025 **Diversity Committee**
12:00 PM - 01:00 PM EST
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- December 5, 2025 **Credentialing Coordinating Committee**
02:00 PM - 03:00 PM EST
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- December 12, 2025 **Communications & Marketing Committee**
03:00 PM - 04:00 PM EST
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02:00 PM - 03:00 PM EST
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