

Calendar of Events

- August 12, 2024 **Council Meeting**
02:00 PM - 03:00 PM EST
- August 15, 2024 **Scholarly Activity Committee Meeting**
10:30 AM - 11:30 AM EST
Vidush Athyal,
vpathyal@gmail.com
This committee meets the 3rd Thursday of each month from 7:30 - 8:30 am Pacific time.
- August 16, 2024 **Communications & Marketing Committee**
03:00 PM - 04:00 PM EST
This committee meets on the third Friday of even months at 3pm Eastern/noon Pacific.
- August 19, 2024 **Intensives Committee Meeting**
02:00 PM - 03:00 PM EST
Eran Metzger,
coordinatorofintensives@americanbalintsociety.org
This committee meets on the third Monday of each month.
- August 23, 2024 **Diversity Committee**
12:00 PM - 01:00 PM EST
This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.
- August 23, 2024 **Balint Groups Online Committee**
02:00 PM - 03:00 PM EST
This committee meets monthly on the fourth Friday at 2pm Eastern/11am Pacific.
- August 26, 2024 **Consultation Group for Credentialed Leaders with Paul Scott**
02:00 PM - 03:00 PM EST
Paul Scott,
paul.cp1@gmail.com
This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Paul Scott as the facilitator. It generally meets the 4th Monday of even months. Attendance qualifies as a Maintenance of Credentialing activity.
- August 28, 2024 **MetaSupervision Group Consultation**
03:00 PM - 04:00 PM EST
This consultation for supervisors is provided by the CCC and meets on the fourth Wednesday of even months at 3pm ET.

September 5, 2024

Online Balint Group with Frank Dornfest & Albert Lichtenstein

07:00 PM - 08:00 PM EST

Leaders: Frank Dornfest, MD, and Albert Lichtenstein, PhD

Time: 7:00pm - 8:00pm Eastern Time/4:00pm - 5:00pm Pacific Time

Number of meetings and Dates: Ten (10) monthly meetings on the first Thursday: September 5, October 3, November 7, December 5, 2024 and January 2, February 6, March 6, April 3, May 1, and June 5, 2025.

Cancellation Policy:

If cancelled by the ABS or hosts due to insufficient registrants, those registered will receive their money back. Otherwise, no return of fee is possible, including in the event of registrant's partial attendance or inability to complete the sequence of sessions.

More Information

September 9, 2024

- September 13, 2024

The 23rd International Balint Congress

Colorado Chautauqua

900 Baseline Road

Boulder, CO 80302

Please See Schedule for Times

Cultivating Understanding and Compassion Through Balint

The International Balint Federation (IBF) is composed of 28 societies around the globe which represent varied cultures, historical backgrounds, languages and healthcare systems. While we celebrate our diversity, we acknowledge that we have much to learn from each other. Particularly when we face challenging times, it may help us to examine how Balint Groups work and what gets in their way. We will examine the ways Balint promotes the cultivation of understanding and compassion in our varied settings and experiences. We will accomplish this learning through paper presentations, workshops and rich fellowship. Please join us at The Colorado Chautauqua, a national historic landmark at the base of the Flatiron Mountains for:

Five (5) longitudinal Balint Group sessions.

Paper presentations, poster sessions and workshops.

Continuing education credit (APA and AAFP/AMA).

A rich program of cultural and nature activities for registrants and guests.

Opportunities for networking and relaxation in a beautiful environment.

Complete Event Details

Tentative Schedule

September 9, 2024

Council Meeting

02:00 PM - 03:00 PM EST

September 9, 2024

Virtual International Balint Congress

Zoom/Livestreaming via YouTube

Please See Schedule for Times

Cultivating Understanding and Compassion Through Balint

The International Balint Federation (IBF) is composed of 28 societies around the globe which represent varied cultures, historical backgrounds, languages and healthcare systems. While we celebrate our diversity, we acknowledge that we have much to learn from each other. Particularly when we face challenging times, it may help us to examine how Balint Groups work and what gets in their way. We will examine the ways Balint promotes the cultivation of understanding and compassion in our varied settings and experiences.

We are providing the virtual version of the Congress to include as many people as we can in the invigorating fellowship the International Balint Federation provides.

Participating in the virtual version of the 23rd IBF Congress will cost much less than the full week in Boulder. It also provides an answer for those with questions about the health risks of travel and exposure to new environments. It will allow a schedule that leaves you with some work hours free each day, while awarding you as much continuing education credit as possible. Finally, it includes zoom 'social hours' you may attend as you wish to visit with your Balint colleagues.

Balint groups and virtual social hours will be hosted at times that are broadly accessible in three regions: Australia/New Zealand and Southeast Asia; North and South America; Europe and the Middle East.

Complete Event Details

September 16, 2024

Intensives Committee Meeting

02:00 PM - 03:00 PM EST

Eran Metzger,

coordinatorofintensives@americanbalintsociety.org

This committee meets on the third Monday of each month.

September 18, 2024

Online Balint Group with Sandra Relyea & Jack Crossen

06:00 PM - 07:00 PM PST

Jack Crossen,

crossenj@easystreet.net

ABS Credentialed Leaders facilitating the group: Jack Crossen, PhD, and Sandra Relyea PA-C

Time: 6PM Pacific Time

Number of meetings and Dates: Eight (8) meetings on 2nd Wednesday of each month September - April: September 18 (3rd Wednesday due to IBF Congress), Oct 9, Nov 13, Dec 11, 2024; Jan 8, Feb 12, Mar 12, Apr 9, 2025.

Cancellation Policy:

If canceled by the ABS or hosts due to insufficient registrants, those registered will receive their money back. Otherwise, no return of fee is possible, including in the event of registrant's partial attendance or inability to complete the sequence of sessions.

More Information

- September 19, 2024 **Scholarly Activity Committee Meeting**
 10:30 AM - 11:30 AM EST
 Vidush Athyal,
 vpathyal@gmail.com
This committee meets the 3rd Thursday of each month from 7:30 - 8:30 am Pacific time.
- September 23, 2024 **History & Continuity Committee Meeting**
 02:00 PM - 03:00 PM EST
Committee meets the fourth Monday of odd months.
- September 26, 2024 **Consultation Group for Credentialed Leaders - Frank Dornfest, Facilitator**
 08:00 PM - 09:00 PM EST
This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Frank Dornfest as the facilitator and meets the fourth Thursday of odd months. Exception: November the fourth Thursday falls on Thanksgiving, so the meeting will take place on the third Thursday. Participation counts towards Maintenance of Credentialing.
- September 27, 2024 **Diversity Committee**
 12:00 PM - 01:00 PM EST
This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.
- September 27, 2024 **Balint Groups Online Committee**
 02:00 PM - 03:00 PM EST
This committee meets monthly on the fourth Friday at 2pm Eastern/11am Pacific.
- October 14, 2024 **Council Meeting**
 02:00 PM - 03:00 PM EST
- October 17, 2024 **Scholarly Activity Committee Meeting**
 10:30 AM - 11:30 AM EST
 Vidush Athyal,
 vpathyal@gmail.com
This committee meets the 3rd Thursday of each month from 7:30 - 8:30 am Pacific time.
- October 18, 2024 **Communications & Marketing Committee**
 03:00 PM - 04:00 PM EST
This committee meets on the third Friday of even months at 3pm Eastern/noon Pacific.
- October 21, 2024 **Intensives Committee Meeting**
 02:00 PM - 03:00 PM EST
 Eran Metzger,
 coordinatorofintensives@americanbalintsociety.org
This committee meets on the third Monday of each month.
- October 23, 2024 **MetaSupervision Group Consultation**
 03:00 PM - 04:00 PM EST
This consultation for supervisors is provided by the CCC and meets on the fourth Wednesday of even months at 3pm ET.

- October 25, 2024 **Diversity Committee**
 12:00 PM - 01:00 PM EST
This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.
- October 25, 2024 **Balint Groups Online Committee**
 02:00 PM - 03:00 PM EST
This committee meets monthly on the fourth Friday at 2pm Eastern/11am Pacific.
- October 28, 2024 **Consultation Group for Credentialed Leaders with Paul Scott**
 02:00 PM - 03:00 PM EST
 Paul Scott,
 paul.cp1@gmail.com
This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Paul Scott as the facilitator. It generally meets the 4th Monday of even months. Attendance qualifies as a Maintenance of Credentialing activity.
- November 11, 2024 **Council Meeting**
 02:00 PM - 03:00 PM EST
- November 18, 2024 **Intensives Committee Meeting**
 02:00 PM - 03:00 PM EST
 Eran Metzger,
 coordinatorofintensives@americanbalintsociety.org
This committee meets on the third Monday of each month.
- November 21, 2024 **Consultation Group for Credentialed Leaders - Frank Dornfest, Facilitator**
 08:00 PM - 09:00 PM EST
This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Frank Dornfest as the facilitator and meets the fourth Thursday of odd months. Exception: November the fourth Thursday falls on Thanksgiving, so the meeting will take place on the third Thursday. Participation counts towards Maintenance of Credentialing.
- November 21, 2024 **Scholarly Activity Committee Meeting**
 10:30 AM - 11:30 AM EST
 Vidush Athyal,
 vpathyal@gmail.com
This committee meets the 3rd Thursday of each month from 7:30 - 8:30 am Pacific time.
- November 22, 2024 **Diversity Committee**
 12:00 PM - 01:00 PM EST
This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.
- November 22, 2024 **Balint Groups Online Committee**
 02:00 PM - 03:00 PM EST
This committee meets monthly on the fourth Friday at 2pm Eastern/11am Pacific.

- November 25, 2024 **History & Continuity Committee Meeting**
 02:00 PM - 03:00 PM EST
Committee meets the fourth Monday of odd months.
- December 9, 2024 **Council Meeting**
 02:00 PM - 03:00 PM EST
- December 16, 2024 **Intensives Committee Meeting**
 02:00 PM - 03:00 PM EST
 Eran Metzger,
 coordinatorofintensives@americanbalintsociety.org
This committee meets on the third Monday of each month.
- December 19, 2024 **Scholarly Activity Committee Meeting**
 10:30 AM - 11:30 AM EST
 Vidush Athyal,
 vpathyal@gmail.com
This committee meets the 3rd Thursday of each month from 7:30 - 8:30 am Pacific time.
- December 20, 2024 **Communications & Marketing Committee**
 03:00 PM - 04:00 PM EST
This committee meets on the third Friday of even months at 3pm Eastern/noon Pacific.
- December 27, 2024 **Diversity Committee**
 12:00 PM - 01:00 PM EST
This committee meets the fourth Friday of each month at noon Eastern/9am Pacific.
- December 30, 2024 **Consultation Group for Credentialed Leaders with Paul Scott**
 02:00 PM - 03:00 PM EST
 Paul Scott,
 paul.cp1@gmail.com
This drop-in series is for ABS Credentialed Leaders and is sponsored by the History and Continuity Committee with Paul Scott as the facilitator. It generally meets the 4th Monday of even months. Attendance qualifies as a Maintenance of Credentialing activity.
- April 23, 2025 **2025 Spokane Balint Leadership Training Intensive**
 - April 26, 2025 Please See Daily Schedule for Times

May 2, 2025
- May 4, 2025

Healing, Mindfulness & Compassion: A Balint Retreat Weekend
Ratna Ling Retreat Center
35755 Hauser Bridge Rd
Cazadero, CA 95421

Please See Schedule for Event Times

Ritch Addison,
raddison@sonic.net

Health care professionals are invited to attend the Healing, Mindfulness and Compassion Retreat at the beautiful and tranquil Ratna Ling Conference Center in the Redwoods of Sonoma County, California. The weekend conference combines Eastern and Western approaches to healing: Tibetan Yoga and Meditation as well as Balint sessions that address the complex emotional landscape of the clinician-patient relationship. The Balint group format is an empathy-enhancing practice to strengthen treatment alliances, improve care delivery, increase practitioner resilience and decrease professional isolation. Further context on the neuroscience of compassion and its importance in the provision of effective service will increase understanding of the connection between practitioners' self-care and the care they are able to offer others. The accommodations and architecture are exquisite and the weekend is educational, restful, and rejuvenating.

Cancellation Policy

Registrants wishing to cancel their registration must do so in writing by the cancellation deadline of March 14, 2025. For cancellations received by the cancellation date, \$100 of the registration fee will be withheld for administrative fees and the refund will be issued within 30 days of acknowledgment of the cancellation. For cancellations received after the cancellation date, no refunds will be available.

Complete Event Details